uclan University of Central Lancashire NATIONAL CENTRE FOR REMOTE AND RURAL MEDICINE

FACULTY OF PRE-HOSPITAL CARE THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH

Mountain Medicine Programme

Please note: The Diploma in Mountain Medicine will be moving to a new home within the University of Central Lancashire (UCLan) National Centre for Remote and Rural Medicine (NCRRM) in October 2020.

The Faculty of Pre-Hospital Care will be administering the recruitment process but successful applicants will become UCLan students upon induction to the Programme.

Application Form 2020 Entry: CONFIDENTIAL

The Faculty of Pre-Hospital Care and University of Central Lancashire administrators and staff share the content of this form for the purposes of assessing applications. If your application is successful, module organisers will access appropriate aspects of this information ahead of residential modules on a confidential basis for use in an emergency.

Complete all sections in type or block letters.

Contact Details	
Title	
First Name(s)	
Surname	
Male/ Female	
Date of Birth	
Address	
Postcode	
Email	
Mobile	
Home phone	
Please submit a digital copy of a head and shoulders photo along with your application. (***This is a mandatory requirement***)	

Next of Kin Details	
Name of Next of Kin	
Relationship to you	
Mobile	
Other/landline number	
Address, if different from yours	

Medical Information: This information will be made available only on a need to know basis for the organisation of residential modules	
If you have any current health problems or past medical history that could be relevant on the hills, please give details.	
Dietary requirements/food intolerances	
Drug Allergies	

Professional Information	
Date of first registration with UK Health and Care Regulatory Bodies, or equivalent in your Country if not a UK Resident	
Are you a registered Paramedic?	☐ Yes ☐ No
If yes, please note the date and name of your awarding institution.	
Are you a registered Doctor?	☐ Yes ☐ No
Primary Medical Degree	
Date and Place of Qualification	
Number of GMC, HCPC, NMC, GDC etc.	
Please list all Postgraduate Medical Qualifications with dates	
If serving in armed services/reserves details of parent unit and service number	
Please list all relevant medical organisations memberships	
Current Job and place of work	
List all past relevant Jobs with dates, starting with most recent	

Mountaineering Experience

Applications to study the Diploma of Mountain Medicine are welcome from individuals with a wide range of interests and experience in the mountain environment. There are no rigidly defined levels of technical performance required to enter the program. However, the ability to look after yourself, use a range of basic skills in summer and winter conditions is required in order to participate fully in the programme. A full description of mountaineering standards is available in the '**Student Application Info'** document accompanying this application.
The questions below are to help us understand your current levels of experience. We do not expect applicants to have extensive experience in all areas.

Give an overview of your mountaineering experience. Please include your experience in summer walking, winter walking, trekking, climbing, Alpine mountaineering and expeditions. Experience on skis and other mountain related activities should be included.

List any mountain activity related clubs or organisations where you are a member.

List any mountain activity related qualification you hold.

Give **examples** of your most recent 10 Quality Mountain Days*:

Date (or Year)	Area	Route	Comment (Weather/ conditions)

*A Quality Mountain Day:
"In terms of experience, the quality of a mountain day lies in such things as the conditions experienced both overhead and underfoot, the exploration of new areas, the terrain covered and the physical and mental challenge. Such days make a positive contribution towards a person's development and maturity as an all-round mountaineer. Usually some or all of these criteria would be fulfilled:

- *the individual takes part in the planning and leadership*
- *navigation skills are required away from marked paths*
- *experience must be in terrain and weather comparable to that found in UK and Irish hills*
- *knowledge is increased and skills practised*
- *attention is paid to safety*
- *five hours or more journey time*
- *adverse conditions may be encountered"*

(Definition from Mountain Training website April 2017).

Give **examples** of the most recent graded rock climbs or scrambles you have climbed (if you have no experience in this area just put NONE):				
Date (or Year)	**Area**	**Route**	**Grade**	**Lead (L) or Second (S)**

Give **examples** of winter mountaineering routes and /or winter graded climbs that you have done (if you have no experience in this area just put NONE):				
Date (or Year)	**Area**	**Route**	**Grade**	**Lead (L) or Second (S)**

Please complete the following list of skills. Tick the level of experience that currently applies to you:

Note a successful application does not demand competence on all these skills. Please be honest in your answers.

Skill	None	Novice	Competent
Experience in using OS 1:50,000 map			
Experience in using OS 1:25,000 map			
Able to measure distance on the ground using pacing and timing			
Able to take a bearing from map and walk accurately on mountain terrain for 500m -1000m			
Able to navigate accurately to contour features in all weathers			
Can tie correctly to a climbing harness using a rope.			
Can belay a climber using a belay device.			
Can identify safe anchors, construct, and equalise a belay.			
Can abseil using a safety prusik.			
Can lead traditional summer rock climbs at UIAA grade 3 UK V Diff			
Can second traditional summer rock climbs at UIAA grade 3 UK V Diff			
Can use ice axe and crampons to cross grade one ground *			
Experience in winter navigation in snow conditions and poor viability.			
Can lead winter climbs of grade 2 and above.			
Can second winter climbs of grade 2 and above.			

*uncomplicated average angle snow slopes that may have cornice problems – broken mixed mountaineering ground.
Winter grade 2 = Gullies that individual or minor pitches high angle snow and difficult cornice exits.
Easy buttresses under some conditions.

Interest in the Programme
How did you hear about the Diploma in Mountain Medicine Course?

Additional Information
Please detail any educational need you may have that will help us provide the most positive learning environment (this will only be declared to course organisers and instructors / guides). If English is your second language, please also indicate that here.

Rationale for application
Why do you want to do the Diploma? What can you contribute? Please complete this section as comprehensively as possible and include a summary of main trips and routes in the UK and abroad with details of your role. Also give details of any specific mountain medicine projects, teaching, lectures etc.

Student Biography

Please provide a short biography (25 – 50 words) for inclusion in the Student Biography sheet issued to students and tutors on the programme.

Student Release Form & Insurance

Students should be insured whilst undertaking the Programme. They are advised to obtain insurance cover from the British Mountaineering Council or equivalent organisation in their home country as ordinary insurance is not adequate. Students are further advised to insure themselves against any eventuality that may result in inability to complete a module as once begun, module fees are non-recoverable.

British Mountaineering Council (BMC) Participation Statement

"The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."

(Please tick) ☐	I understand that participation in the above event or activity could include actions or tasks which might be hazardous.
(Please tick) ☐	I acknowledge that I understand that it is my responsibility to obtain adequate insurance if required to cover my travel to and attendance at activities on this programme.

I, the undersigned, agree to the sharing of the content of this form between the Faculty of Pre-Hospital Care and University of Central Lancashire administrators and staff for the purposes of assessing my application to join the programme. I also agree that, if my application is successful, module organisers be may access appropriate aspects of this information ahead of residential modules on a confidential need to know basis for use in an emergency. I understand that RCSEd will hold my data securely until the programme transfers to UCLan. UCLan will then hold my data securely for the duration of my studies

Signed:	
Print Name:	
Date:	

Printing your name above will be taken as a signature if you are unable to electronically sign.

Payment Information

You are not be required to pay any Programme or Module fees to the RCSEd ahead of the Programme. All Programme and Module fees will be paid directly to the University of Central Lancashire (UCLan) after the programme transfers to the University on 1st October 2020.

Application Checklist

☐	Have you read and understood the entry requirements and provided sufficient information in your application to evidence that you have met these?
☐	Have you read and understood the Mountain Skills experience required and provided sufficient information in your application to evidence that you have met these?
☐	Have you attached a digital head and shoulders photo of yourself with your email application?
☐	Have you electronically signed (by ticking the boxes) the form? *(Applications cannot be accepted without signature/acknowledgement)*