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**November 2019**

## From the Editor...

As autumn starts to turn into winter, it's clear that the weather has definitely turned for most of us. Snow in parts of the country, floods in others; our hospital colleagues are somewhat insulated from these environmental trials, but I hope that all of you are keeping as warm and dry as you can.

These newsletters are produced by the PHEMTA committee every couple of months to keep you up to date with the various goings on around the wider PHEM community. Many of the training posts around the country are relatively isolated and so we're keen to make sure any interesting news or crucial updates are circulated as widely as possible.

As a steering group, PHEMTA are here not only to represent the views of current PHEM trainees, but also assist those who are either looking to apply for, or who have completed PHEM training. To get in touch with the steering group please email our shared email account ([phemta@rcsed.net](mailto:phemta@rcsed.net)), which we all regularly check. Also, if you know anyone who'd like to receive these newsletters, even if they're just interested in what's going on please get in touch and we will add them to the circulation.

## Update from the PHEMTA steering group

After their appointment in September, the current steering group had their first telephone conference and each member agreed to take on the following responsibilities:

Jake Turner	<i>Chair</i>	Matt Creed	<i>Assessment Representative</i>
Jon Bailey	<i>Vice Chair</i>	Samantha Batt-Rawden	<i>Training Representative</i>
James Hudgell	<i>Curriculum Representative</i>	Alison McInerney	<i>Welfare Representative</i>

Over the past few months, the team have been continuing their work in a number of areas:

- PHEM Trainee Survey – this is compulsory for all current PHEM trainees, and confirmation of completion will be required for your TAP. It is currently being finalised and we hope it will be released before Christmas. Look out for emails from IBTPHEM with further details.
- Assessment Committee – the FPHC are holding an assessment committee meeting during the exam week in January and further updates will be available in the next PHEMTA newsletter.
- Curriculum Update – the process of refreshing the training syllabus is just beginning, and the first phase submission has been submitted to the GMC. PHEMTA made representations about the content of the proposal, aiming to safeguard the quality and breadth of PHEM training.
- PHEM Trainee Database – our training reps are working with IBTPHEM to create a database of current trainees across the country. This is proving harder than you might expect, due to the recent change in data protection regulations.

- Trainee Welfare – the team are continuing the previous work to examine recruitment of women into PHEM through the 'FEMinPHEM' project, as well as widening access and helping to support trainees with family or other external commitments. We recognise that while PHEM training is a privilege it is also extremely challenging in so many ways. We would like to remind you that there is separate welfare email address ([phemta.welfare@gmail.com](mailto:phemta.welfare@gmail.com)) should you want help or advice on any welfare related issues or just to make contact with the friendly welfare rep!
- Advanced (Phase 2) PHEM Course – we are helping to organise the phase 2 course which is likely to be held in Birmingham in March, and will be in touch full details soon.
- Post-training PHEM practice – we are fully committed to trainees having adequate ongoing pre-hospital exposure once their PHEM training is completed. We are working with the base speciality Royal Colleges and faculties to ensure all trainees have ring-fenced time for this.

If you think there are other areas we need to be involved with, or want any further information about any of these work streams, please get in touch with any of the relevant steering group members via our group email: [phemta@rcsed.net](mailto:phemta@rcsed.net)

### Pre-Hospital Obstetric & Neonatal Training Day – Northampton, 5th November

The 2019 PHEM Obstetrics Course was held on 5th November at Northampton General Hospital. Candidates were able to gain practical and theoretical experience at dealing with childbirth, neonatal resuscitation, and the complications of pregnancy. These presentations are uncommonly encountered by Pre-Hospital Critical Care teams and therefore can be tricky elements of the curriculum to cover.



A combination of lectures, skill stations, and simulations covered anatomy and physiology of pregnancy, normal childbirth, neonatal resuscitation, shoulder dystocia, breech presentations, ante and post-partum haemorrhage, maternal collapse and trauma in pregnancy. The practical nature of the course ensured candidates gained confidence in the techniques required to manage these infrequently encountered but time-critical situations.



This course is highly recommended for PHEM trainees, Critical Care Paramedics and established PHEM doctors and is likely to run again at a similar time next year – keep your eyes peeled for flyers.

Thanks to the simulation, midwifery and emergency medicine teams at Northampton General Hospital and Magpas Air Ambulance for supporting the event.

*Thank you to Daniel Sedgwick for the report and photos.*

## The Golden Hour Conference II – London, 22-23<sup>rd</sup> November

London's Institute of Pre-Hospital Care delivered their second Golden Hour conference at the Royal College of Pathologists this month. It aimed to "bring together clinicians and others who are passionate about transforming outcomes for injured patients" and included presentations and case-based discussions from a distinguished cast of experts in the field of forensics, pathology, anatomy, law, and clinical pre-hospital medicine.



The team ran through a series of hypothetical cases which all resulted in the patient's death. Expert pathologists then discussed relevant post-mortem correlations together with some of the latest science. Experienced clinicians brought the basic science together with what we see in the real world and illustrated how little we actually know about what people die of!

An insightful talk from one of London's Senior Coroners dispelled some of the myths around inquests, and other speakers highlighted how we learn from major incidents and the impact on families of a traumatic death. A particular highlight was a Q&A session with a survivor of a stabbing, together with his friend who had almost certainly saved his life with an improvised tourniquet.

Overall, the conference provided a real understanding of how much we can learn from trauma deaths and many of the participants left full of enthusiasm for establishing links with coroners and forensic pathologists in their local areas, as part of wider learning from incidents. Huge thanks go to all the team at RCPATH, IoPHC and LAA for putting together such a fascinating event.

## PHEM Trainee Operated Research Network (PHOTON)

Most of you will probably be aware of PHOTON and their great work expanding pre-hospital research via trainee networks across the country. Further detail is available on the FPHC website at <https://fphc.rcsed.ac.uk/my-fphc/about-us/sub-committees-groups/photon-group>

There are a number of completed studies now submitted for publication, looking at topics such as UK HEMS provision and time-to-PHEA. A project on dispatch is currently underway, as well contributions to an FPHC welfare study.

There are also plenty of new projects in the pipeline, including work on research priorities in UK HEMS as a Delphi study and silver trauma. PHOTON is also looking for people to help update FPHC consensus statements on management of chest injuries, crush injury, and pelvic fractures, as well as to help draft new statements on a variety of topics in collaboration with the FPHC. If you are interested in any of these pieces of work, please get in touch via email to [PHOTONchair@rcsed.net](mailto:PHOTONchair@rcsed.net) or on Twitter [@researchPHOTON](https://twitter.com/researchPHOTON)



## Upcoming Events

10-13 <sup>th</sup> December 2019	London Trauma Conference - Royal Geographical Society, London <a href="https://www.londontraumaconference.co.uk/">https://www.londontraumaconference.co.uk/</a>
21-24 <sup>th</sup> January 2020	PHEM National Exam week <a href="#">DipIMC / FIMC – RCS Edinburgh</a>
13 <sup>th</sup> February 2020	Fourth national Joint RCSEd & RCOG Anti-Bullying Conference Riddel Hall, Queen's University Belfast
8-11 <sup>th</sup> March 2020	Trauma Care Conference - Yarnfield Park, Stafford <a href="https://www.traumacare.org.uk/">https://www.traumacare.org.uk/</a>
16-19 <sup>th</sup> March 2020	IBTPHEM Advanced PHEM (Phase 2) Course (draft date – probably to be held in West Midlands - details to follow)
17-18 <sup>th</sup> March 2020	Faculty Pre-Hospital Care Scientific Conference - RCSEd, Edinburgh <a href="https://fphc.rcsed.ac.uk/conferences-and-events/2020-scientific-conference">https://fphc.rcsed.ac.uk/conferences-and-events/2020-scientific-conference</a>
13-14 <sup>th</sup> May 2020	2020 Cambridge Trauma Futures - Downing College, University of Cambridge <a href="https://www.cam-pgmc.ac.uk/courses/cambridge-trauma-futures-2020">https://www.cam-pgmc.ac.uk/courses/cambridge-trauma-futures-2020</a>

PHEMTA is here for you – please get in touch if we can help in any way. If you have an event or information you would like included in the next newsletter, please get in touch.

*The PHEMTA Committee  
November 2019*