

# HOLDERS OF THE UK UIAA/ICAR/ISMM

## DIPLOMA OF MOUNTAIN MEDICINE

Award holders are listed in order of award of the Diploma and the sequence has no relevance to experience or expertise.

**0001 Dr Jim Milledge** Hon Diploma Awarded PYB course Dec 2003 with full approval of UIAA Med Com. Faculty DMM

Home: 137 Highfield Way Rickmansworth Herts WD3 7PL Tel: 01923 774010  
Retired Respiratory Physician. Hon. Prof. Centre for Space and Extreme Environmental Medicine, UCL. Past President Int. Soc. Mt. Med. Hon. Medical Advisor BMC. Corresponding member UIAA Med. Com. An interest in mountain medicine and physiology for 55 years. Author of numerous papers and, with friends, of the standard textbook on the subject. Available for lectures, teaching and clinical opinion in the field. Email [jim@medex.org.uk](mailto:jim@medex.org.uk)

**0002 Dr David Hillebrandt** Awarded 1/1/2004. Faculty DMM.

Derriton House, Derriton, Holsworthy, Devon. EX22 6JX. Tel: 01409 253814. Semi "retired" GP. Interest in Prehospital Care & Travel Medicine. BMC Hon Medical Advisor. UIAA Medcom retired President, now VP. ISMM Vice President, BMG Hon Medical advisor, Medical Advisor to Jagged Globe, UK frostbite advice service. Member: BASICS, BMC, Alpine Club, Climbers Club, Eagles Ski club. Experience of expedition mountaineering, sea cliff climbing, ice climbing, ski mountaineering and travel medicine. Available for lectures, teaching, advice and clinical opinion. Email [dh@hillebrandt.org.uk](mailto:dh@hillebrandt.org.uk)

**0003 Dr Piotr Szawarski** Awarded 3/3/04. FRCA, MSc Infectious Diseases, EDIC, DipMtMed(UIAA). Faculty DMM. London Based. Consultant Intensive Care Medicine and Anaesthesia. Interests: Expedition and altitude medicine. Email [piotr.szawarski@gmail.com](mailto:piotr.szawarski@gmail.com)

**0004 Dr Brian Tregaskis** Awarded 13/9/04. Faculty DMM. Consultant Physician, Belford Hospital, Fort William, Scotland. Doctor to the Lochaber Mountain rescue Team. Medical Officer Scottish Mountain Rescue [medicalofficer@scottishmountainrescue.org](mailto:medicalofficer@scottishmountainrescue.org). General Mountaineering Interest. Available for advice in Fort William & Glencoe areas. Email [btregaskis@nhs.net](mailto:btregaskis@nhs.net)

**0005 Dr Kyle Pattinson** Awarded 3/9/04. Faculty DMM

**0006 Prof Chris Imray** Awarded 13/9/04. Faculty DMM. Vascular, Transplant and General Surgeon at Warwick Medical School with specific interest in frostbite, non-freezing cold injuries and AMS. General Mountaineering interest. Deputy climbing leader of the Caudwell Xtreme Everest Medical Research Expedition. Author of numerous papers and chapters on both frostbite, NFCI and cerebral perfusion. PhD

on cerebral perfusion in the hypoxic and ischaemic brain. Available for lectures, teaching, advice and clinical opinion.

Runs with Dr David Hillebrandt, Dr Paul Richards the BMC internet frostbite service:

<http://www.thebmc.co.uk/Category.aspx?category=19>

Member: Alpine Club, Climbers Club, BMRES, CASE.

Website: [www.christopherimray.co.uk](http://www.christopherimray.co.uk). Email [chrisimray@aol.com](mailto:chrisimray@aol.com)

**0007 Dr Andrew Knight** Awarded 13/9/04. Faculty DMM. GP Herefordshire. Broad experience of rock climbing, general mountaineering, ski touring and trekking. Some experience of expedition medicine. Available for general medical advice on travel to wilderness and high altitude areas and for clinical opinion. Experience of soft adventure trekking with children and adolescents.

Email [and.kni@tiscali.co.uk](mailto:and.kni@tiscali.co.uk)

**0008 Dr Jon Dallimore** Awarded 21/9/04. Faculty DMM

**0009 Dr Matthew Litchfield** Awarded 17/11/04. Faculty DMM.

Home: Amelia House, 19 Cavendish Crescent South, Nottingham, NG7 1ED.

Tel: 0792 953 9832. GP Registrar (with climbing breaks). UK summer and winter climber with Alpine and Himalayan experience. Available for advice, lectures, teaching or climbing. Email [mattlitchfield@doctors.org.uk](mailto:mattlitchfield@doctors.org.uk)

**0010 Dr Catherine Farrow** Awarded 17/11/04. Consultant in Anaesthetics/ICU, Bradford Royal. Interests: General mountaineering, fell running, mountain marathons, endurance events. Has worked for NZ flying doctor service.

Email [cazzafarrow@doctors.org.uk](mailto:cazzafarrow@doctors.org.uk)

**0011 Dr Robert McGregor** Awarded 17/11/04. Consultant Anaesthetist with interest in acute pain management. Experience in Alpine Mountaineering and UK summer and winter climbing. Eastbourne District Hospital. Email

[robert.mcgregor@doctors.org.uk](mailto:robert.mcgregor@doctors.org.uk)

**0012 Dr RIP Dornan** Awarded 24/11/04.

**0013 Dr Juergen Klein** Awarded 24/11/04. Faculty DMM

**0014 Dr Laurie Tomlinson** Awarded 9/12/04

**0015 Dr Andy Clark** Awarded 12/2004. Faculty DMM. GP NE England. Active Mountaineer, climber and skier at home and abroad. Advice and consultation given to individuals and groups. Contact: 10 Hill Meadows, High Shincliffe, Durham, DH1 2PE. Tel: 07885 543674. Email [andy.clark@doctors.org.uk](mailto:andy.clark@doctors.org.uk)

**0016 Dr Nicholas Mason** Awarded 12/2004. Faculty DMM.

**0017 Dr Catharine Wilson** Awarded 12/2004. Faculty DMM. Consultant Paediatric Anaesthetist. Sheffield. Email [kate@medex.org.uk](mailto:kate@medex.org.uk)

**0018 Dr Gerald Dubowitz** Awarded 12/2004. Faculty DMM

**0019 Dr Mike Brookes** Awarded 16/6/05. Faculty DMM. Interests in medicine in hazardous environments (altitude, hyperbaric, underground, remote access, desert and arctic). Offers tailor made advice and instruction in all aspects of medical support including command and control and logistics. Based in North Yorkshire. Email [mike.brookes@gp-b82622.nhs.uk](mailto:mike.brookes@gp-b82622.nhs.uk)

**0020 John Dick** Awarded 11/7/05. London based Consultant Anaesthetist and member of Centre for Aviation, Space and Extreme Environment Medicine [www.case.ucl.ac.uk](http://www.case.ucl.ac.uk). Interests include expedition medicine, trauma management and high altitude physiology. Email [johndick99@hotmail.com](mailto:johndick99@hotmail.com)

**0021 Dr John Higgle** Awarded 16/9/05.

**0022 Dr John David Keitz** Awarded 16/9/05. Practices Emergency Medicine and is located in the USA. Interests include rock climbing and high altitude mountaineering. Available for questions, lectures and as expedition physician. Email [davidkeitz@yahoo.com](mailto:davidkeitz@yahoo.com)

**0023 Dr Annabel Nickol** Awarded 11/11/05. Faculty DMM. Consultant in Respiratory Medicine, Sleep and Ventilation Lead, Oxford Centre for Respiratory Medicine. Running a research programme investigating pulmonary responses to hypoxia. Chairman of Medical Expeditions ([www.medex.org.uk](http://www.medex.org.uk)). Contact: Oxford Centre of Respiratory Medicine, Churchill Hospital, Oxford OX3 7LE. Tel: 0779 356 3358. Email [annabel.nickol@ndm.ox.ac.uk](mailto:annabel.nickol@ndm.ox.ac.uk)

**0024 Dr Paul Richards** Awarded 24/11/05. Faculty DMM. GP Essex Based. Fellow Faculty Travel Medicine RCPSCG. Director Medical Expeditions. Interests –Altitude, Expeditions, Travel Medicine, Wilderness and Austere Medicine, Diabetes in remote environments, Frostbite and Off Grid Power Systems. Email [paul@medex.org.uk](mailto:paul@medex.org.uk)

**0025 Prof Mike Grocott** Awarded 25/11/05. Faculty DMM until Jan 2014. Work: Professor of Anaesthesia and Critical Care Medicine, Head of Centre for Human Integrative Physiology, University of Southampton. Consultant in Perioperative and Critical Care Medicine, University Hospital Southampton NHS Foundation Trust. Executive chair, Xtreme Everest Oxygen Research Consortium; Expedition Leader of 2007 Caudwell Xtreme Everest Expedition ([www.xtreme-everest.co.uk](http://www.xtreme-everest.co.uk)) and co-director, UCL Centre for Aviation, Space and Extreme Environment Medicine ([www.case.ucl.ac.uk](http://www.case.ucl.ac.uk)). Interested in high altitude expedition mountaineering and understanding human responses to low oxygen levels. Medex Member. Available for lectures, teaching, advice and clinical opinion. Email [mike.grocott@soton.ac.uk](mailto:mike.grocott@soton.ac.uk)

**0026 Dr Morne Pienaar** Awarded 25/11/05. Special interests in acute medicine, endurance events and sports medicine. Qualified in South Africa. Based in Queenstown, New Zealand. Email [Morras\\_76@yahoo.com](mailto:Morras_76@yahoo.com)

**0027 Dr Isabel Syndikus** Awarded 25/11/05. Consultant Clinical Oncologist, Clatterbridge Centre for Oncology, Bebington, Wirral, Merseyside. Special Interest in Rockclimbing and Ski Mountaineering. Available for advice and lectures. Email [Isabel.syndikus@nhs.net](mailto:Isabel.syndikus@nhs.net)

**0028 Dr Jan Richards** Awarded 25/11/05.

**0029 Dr Anne Radford** Awarded 25/11/05.

**0030 Dr Anthony Kehoe** Awarded 25/11/05.

**0031 Dr Alice Murray** Awarded 17/12/05. Emergency Medicine SpR in Edinburgh. Was in Pheriche Spring 2006. Spent a year in Boston Massachusetts on an Emergency Medicine Ultrasound Fellowship. Interests in high altitude expeditions and research. Email [alicefmurray@gmail.com](mailto:alicefmurray@gmail.com)

**0032 Dr Will Jones** Awarded 28/12/05.

**0033 Dr Niall van Someren** Awarded 17/01/06.

**0034 Dr Pete Davis** Awarded 10/2/06. MRCP, FACEM. Dip IMC. Faculty DMM. Consultant in Emergency Medicine with Defence Medical Services & Southern General Hospital, Glasgow. G51 4TF. Tel: 0141 201 1100 ext 1268. Special Interests: Mountain Medicine, Prehospital emergency care & retrieval medicine.

**0035 Dr Debbie Miller** Awarded 10/2/06. Faculty DMM

**0036 Dr Nigel Hart** Awarded 10/2/06. Faculty DMM. GP Belfast. Interests: General Mountaineering, climbing, endurance events, experience trekking with children and teenagers. Email [nigelhart@bigfoot.com](mailto:nigelhart@bigfoot.com)

**0037 Dr Roger McMorrow** Awarded 11/2/06. Faculty DMM

**0038 Dr Alexander Martin-Bates** Awarded 10/3/06. MBBS, BSc (Hons), MRCP, Dip IMC (RCS Edi), Dip Mnt Med, Dip Med Ed, DTM&H. Army General Practitioner, UK/Cyprus Based. Interests : trauma, pre-hospital care, remote/tropical medicine and medical education. Keen summer and winter mountaineer (and skier) in UK and Alps. Experience on several world wide expeditions. Available for advice, expedition planning on climbing/mountaineering and remote area trips. Email [Bates100@yahoo.com](mailto:Bates100@yahoo.com)

**0039 Wing Commander Jon Naylor MB ChB MRCP RAF.**

Awarded 12/3/06. Consultant in Respiratory and General Medicine, Ministry of Defence Hospital Unit, Peterborough District Hospital, Thorpe Road, Peterborough PE3 6DA. Tel: 01733 875065. Interests: Expedition and high altitude medicine, aviation medicine, respiratory failure and non-invasive ventilation. Email [Jon.Naylor@pbh-tr.nhs.uk](mailto:Jon.Naylor@pbh-tr.nhs.uk)

**0040 Dr Anja Kuttler** Awarded 1/6/06. FRCA, DCH. Consultant Anaesthetist. Medex member since 1994. Member two Medex expeds to Nepal. Email [annakuttler@doctors.net.uk](mailto:annakuttler@doctors.net.uk)

**0041 Lt Col Mike Rodger** Faculty DMM. Awarded 10/7/06. BSc (Healthcare Ethics & Law) MBChB (with European Studies) MSc (Orth Eng) FRCS (Trauma & Orth) RAMC. Consultant Trauma and Orthopaedic Surgeon, Royal Centre for Defence Medicine, University Hospital Birmingham. Expeditionary experience to desert, temperate, arctic, alpine and Himalayan regions and to Airborne Forces. Medical Officer to Everest West Ridge Expedition 2006. Email [mike.rodger@doctors.org.uk](mailto:mike.rodger@doctors.org.uk)

**0042 Dr Michael Schupp** Awarded 6/8/06. Consultant Anaesthetist. Address: 29B Alexandra Rd, Stonegate, Leicester, LE2 2BB. Tel: 0797 7542309. Special interest in Cardiothoracic Anaesthesia and High Altitude Medicine. Research interest in control of breathing and sleep at high altitude. Available for advice and as expedition doctor. Email [mbschupp@aol.com](mailto:mbschupp@aol.com)

**0043 Dr Helen Hoar** Awarded 23/1/07. Faculty DMM

**0044 Dr Maggie Beazley** Awarded 23/1/07. Lives in Cumbria. GP in Carlisle. Interests: general/ski mountaineering. Has had experience as medical officer in high altitude research expeditions Himalaya Andes and Alps. Email [mbeazley@doctors.org.uk](mailto:mbeazley@doctors.org.uk)

**0045 Dr Helen Jenkins** Awarded 23/1/07. General Practitioner, Carmarthen, South Wales. Tel 01267 267046, Interest in expedition medicine, medical officer on many expeditions, including high altitude treks. Available for advice, lectures and as expedition doctor. Email [h\\_jenkins64@hotmail.com](mailto:h_jenkins64@hotmail.com)

**0046 Dr Monica Piris** Awarded 23/1/07. Email [monipiri@hotmail.com](mailto:monipiri@hotmail.com)

**0047 Mr Ian Buck-Barrett Dip IMC RCS (Edin)** Awarded 4/4/08. Faculty DMM. Based in Queensland, Australia. Interest in pre-hospital care, mountain and wilderness medicine. Military experience world wide. Available for teaching, advice and expedition support. Email [ianbuckbarrett@mac.com](mailto:ianbuckbarrett@mac.com)

**0048 Dr Suzanne Boyle** Awarded 5/2/07. Email [suzanneboyle@hotmail.com](mailto:suzanneboyle@hotmail.com)

**0049 Dr Toby Jacobs** Awarded 25/2/07. Based in Bristol in Emergency Medicine. Interest in all outdoor pursuits especially general mountaineering and rock climbing. Email [tobyjacobs@doctors.net.uk](mailto:tobyjacobs@doctors.net.uk)

**0050 Dr John Ellerton** Awarded 26/9/2007. Faculty DMM. Home: Penrith, Cumbria. Work: General Practitioner. Additional qualifications: Diploma in Immediate Medical Care (RCSEd) 1990, Diploma in Therapeutics (Newcastle) 1999. Principal interest is Mountain Rescue. Medical Officer Patterdale MRT (1985-), Medical Officer, Mountain Rescue Council (2002-2012) & member of ICAR Medcom (2002-)

Editor/Author of 'Casualty Care in Mountain Rescue' (2000 & 2006) Scientific papers on mountain rescue, analgesia, avalanche survival, and hypothermia.

Mountaineering interests: mountaineering in the Alps and UK, climbing at a modest level, ice climbing Scotland & Alps. Poor skier and no expeditions! Available to lecture, teach, and give advice and clinical opinion. Email

[johnnellerton01@btinternet.com](mailto:johnnellerton01@btinternet.com)

**0051 Dr Ian Watson** Awarded 26/9/07. Oldham based GP. Available for advice and talks in the North West. Email [ipmwatson@btinternet.com](mailto:ipmwatson@btinternet.com)

**0052 Dr Harvey Pynn** Awarded 26/9/07. Consultant in Emergency Medicine and Pre-Hospital Care. Based in Bristol. Extensive Operational Military experience. Multiple expeditions both as leader and medic to mountainous, jungle and desert terrain. Both competed and been involved in medical support to extreme sports in wide variety of environments. Extensive teaching experience. Available for advice and / or training. Email [harveypynn@hotmail.com](mailto:harveypynn@hotmail.com)

**0053 Dr Declan Phelan** Awarded 26/9/07. GP - Hackney, London. Interests: General mountaineering, ski mountaineering; fell running and endurance events. Available for teaching and advice. Email [dphelan@doctors.org.uk](mailto:dphelan@doctors.org.uk)

**0054 Dr Shirley Gover** Awarded 26/9/07. Ford Farm, Bicknoller, Nr Taunton, Somerset. TA4 4EH. Diploma of Child Health & Diploma of Pre Hospital Care. BASICS member. Interest in general mountaineering. Email [shirley.gover@doctors.org.uk](mailto:shirley.gover@doctors.org.uk)

**0055 Dr Theoharis Sinifakoulis** Awarded 26/9/07. PhD. Physician based in Greece. Address: Alexandras Avenue 46, GR 114-73, Athens, Greece. Tel: 00306944468725. Fax: 0030 2108819667. Available for teaching/lectures, advice and expedition support. Email [sinifakoulis@medex.org.uk](mailto:sinifakoulis@medex.org.uk)

**0056 Dr Juliette Kemp** Awarded 15/10/07. Anaesthetic consultant in Hampshire and medical advisor for Mountain Expeditions adventure company. Continue to love fitness, climbing and ski touring. Very happy to contribute to course faculties if in need. Interests: Alpine climbing and altitude physiology. Available for lecturing. Email [juliette@medex.org.uk](mailto:juliette@medex.org.uk)

**0057 Dr Oliver Kemp** Awarded 15/10/07. Interests: mountaineering & high altitude and available to teach/lecture. Email [oliver.richard.kemp@gmail.com](mailto:oliver.richard.kemp@gmail.com)

**0058 Dr Martijn Groenendijk** Awarded 21/10/07. Consultant pulmonologist-intensive care doc at the ITU of the "Lange land Ziekenhuis" in Zoetermeer with interest in worldwide mountaineering and skiing. Member of the MedCom of the Dutch Mountaineering Council. Member of the workgroup high altitude physiology (hoogtefysiologie.nl). Tel: 0031 6 42232529. Available for lectures and advice. Email [martijn.groenendijk@gmail.com](mailto:martijn.groenendijk@gmail.com)

**0059 Dr Jaishan Mahan** Awarded 21/10/07. Interests in Hostile Environment medicine, mountaineering, skiing and diving. MRCS Ed (A&E), MRCGP, Dip IMC RCS Edin, FRGS. Available for lectures and advice. Email [jaish@icloud.com](mailto:jaish@icloud.com)

**0060 Dr Eamon Staunton** Awarded 22/10/07. General Practitioner in Hampshire. Interested in expedition and travel medicine. Available for advice, talks and as an expedition medic. Email [eamondoc@aol.com](mailto:eamondoc@aol.com)

**0061 Dr Larry O Smith** Awarded 2/1/08. ACEP. Emergency medicine physician, Mazama, Washington State, USA. Interests: High Altitude/Wilderness medicine, climbing, skiing, kayaking. Available for advice or expedition medical coverage. Email [larryosmith@hotmail.com](mailto:larryosmith@hotmail.com)

**0062 Dr Stephen Pettit** Awarded 22/1/08. PhD MRCP. Consultant Cardiologist, Papworth Hospital, Cambridge. Specialist interest in advanced heart failure, device therapy, mechanical circulatory support and heart transplantation. Even happier when mountaineering, rock climbing or mountain-biking. Available for consultation and clinical advice. Email [S.J.Pettit@doctors.org.uk](mailto:S.J.Pettit@doctors.org.uk) or [Stephen.Pettit@papworth.nhs.uk](mailto:Stephen.Pettit@papworth.nhs.uk)

**0063 Dr Andy Grieve** Awarded 25/1/08. Sqn Ldr Andy Grieve MRCGP Dip IMC Dip Mtn Med FRGS. Royal Air Force General Practitioner. Currently anaesthetic CT1-Kings Hospital, London. Deployable GP, 16 Medical Regiment, Colchester. Operational and overseas expedition experience including Cyprus, Oman, Belize, India, Uganda, Nepal, and Lesotho. Advanced PADI Diver, overland, high altitude, jungle and desert medicine. Own medical kit available with governance and insurance. Available for support and teaching. Email [awgrieve@doctors.org.uk](mailto:awgrieve@doctors.org.uk)

**0064 Dr Alex Salam** MRCP, London. Specialist Registrar in Infectious Diseases & Tropical Medicine, consultant/advisor to NASA and ESA. Expertise in Polar Medicine & Space Medicine. Email [alexsalam@doctors.org.uk](mailto:alexsalam@doctors.org.uk)

**0065 Mr Mike Greene** Awarded 11/10/08. Faculty DMM. Consultant in Emergency Medicine Doctor to Kendal Mountain Rescue Team. Member of BASICS. Mountaineering interests include rock climbing; trekking throughout the world, ski mountaineering. Medical Officer Mountain Rescue England and Wales. Member of ICAR Medical Sub Committee. Mountain expeditions to Africa, Nepal, Kashmir, china, Norway and New Zealand. Experience as expedition doctor and travelling with young people. Mountain qualifications include: Summer ML, winter ML, SPA, MIA (Summer training) and IML (training). Available for lectures, educational activities, expedition and clinical advice. Address: 10 Burton Road Kendal LA9 7JA. Email [docmgreene@hotmail.com](mailto:docmgreene@hotmail.com)

**0066 Dr Andrew Marsden** Awarded 11/10/08. North Oxfordshire based GP with general mountaineering interest. Available for advice/expedition support. Email [afamarsden@hotmail.com](mailto:afamarsden@hotmail.com)

**0067 Dr Andrew Claridge** Awarded 2/1/08. MRCP. Gastroenterology SpR, based in Bournemouth. Interest in luminal gastroenterology. Happy to offer advice to anyone who wishes to travel, but feel they are limited by their Gastroenterological problems. Email [andyclaridge@hotmail.com](mailto:andyclaridge@hotmail.com)

**0068 Dr Damian Wilkinson** Awarded 9/11/08. GP currently based in Christchurch NZ. Keen mountaineer and climber. Available for advice, talks and expeditions. Email [damianw@doctors.org.uk](mailto:damianw@doctors.org.uk)

**0069 Lt Col Alun Thomas** Awarded 13/1/09. IML & WML Military Dental Officer. Interests in pre-hospital care, travel medicine, mountaineering, skiing and sea-kayaking. BDS (B'ham), LDS RCS (Eng), MFGDP (UK). Tel: 0044 7496 386387 Available for training and advice on expedition dentistry. Email [harryquartz@hotmail.com](mailto:harryquartz@hotmail.com)

**0070 Dr Rajiv Joshi** Awarded 30/1/09

**0071 Dr Emma Smith** Awarded 30/1/09

**0072 Dr Ben Warrick** Awarded 7/3/09 Faculty DMM. Anaesthetist and A&E consultant. Interest in trauma particularly pre-hospital. Generally active outdoors, Climbing/sea kayaking/fell running/biking. Involved with teaching mountain first aid. Messak Farm, St Just in Roseland, Cornwall TR2 5JL.Tel: 07949 547603.

**0073 Dr Paul Sydney,** Awarded 19/3/09

**0074 Dr Simon Flower** Awarded 31/5/09 GP based in Bristol. Interests in caving, canyoning and climbing. Expedition doctor on numerous caving expeditions worldwide. Doctor to the Mendip Cave Rescue team. Author of Canyoning in the Alps (2012, Cicerone Press). Available for expeditions and advice. Email [simonfloweruk@yahoo.co.uk](mailto:simonfloweruk@yahoo.co.uk)

**0075 Matthew Alex Morgan** Awarded 31/5/09. MD DiMM FCICM MBBCh Adult intensive care specialist Royal Prince Alfred Hospital, Sydney. Remote work in Nepal, Borneo and New Zealand. Pre hospital care in NSW. Interests now lie in medical education and simulation. Email [Morgan88@doctors.org.uk](mailto:Morgan88@doctors.org.uk)

**0076 James Milligan** Awarded 31/5/09. Specialist in Emergency and Retrieval Medicine with an interest in critical care. Based in Sydney, Australia. Keen climber and ski mountaineer. Available for advice, lectures or a climb! Email [James.milligan@careflight.org](mailto:James.milligan@careflight.org)

**0077 Dr Stewart Leitch** Awarded 1/6/09. GP, Chester. Email [stew\\_sarah@hotmail.com](mailto:stew_sarah@hotmail.com) (note \_ between Stew & Sarah)



**0078 Dr Sven Christjar Skaiaa** MD and UIAGM Mountain Guide. Registrar in Anaesthesiology and Emergency Medicine, Oslo Norway. Email [sc@norgesguidene.no](mailto:sc@norgesguidene.no)

**0079. Dr Jacqueline Bennebroek** Awarded 26/7/09. MSc, MRCGP, DFFP, ATLS, APLS, ALSO. GP-Rural Practitioner with a passion for travelling and working in remote and mountainous locations. I am the medical advisor for Diverse Production Company and have experience as an expedition doctor for groups of both teenagers and adults. I am interested in the personal development of individuals in order for them to gain their true potential. Having worked in Europe, Africa, Nepal, Borneo and The Falkland Islands as both a GP and expedition doctor, I am available for advice and lectures or as an expedition doctor. Email [j.bennebroek@yahoo.com](mailto:j.bennebroek@yahoo.com)

**0080 Dr Joanna Ingold** Awarded 11/8/09. MRCGP General Practitioner with interest in expedition and travel medicine. Experience as doctor for high altitude expeditions to Bolivia, Peru and Nepal. Email [joannaingold@hotmail.com](mailto:joannaingold@hotmail.com)

**0081 Dr Ivy Cheng** Awarded 28/9/09. MD, FRCP, FACEM, DABEM, Dip of SM, Dip Mtn Med (UIAA) & Uni Leics MSc in Mountain Medicine. Assistant Professor: University of Toronto: Consultant Emergency Consultant: Sunnybrook Hospital Health Sciences Center, Toronto, Canada. Sports Medicine Physician: Sports Medicine Specialists. HUSAR (Heavy Urban Search and Rescue) Physician, Toronto, Canada. Locum Emergency Physician: Timmins District Hospital, Timmins, Ontario. Past Employment: Flight Physician for international repatriations, Ship Physician to Arctic and Antarctic, Consultant Emergency Physician: Austin Health, Melbourne, Australia. Base Camp Physician and Manager: North Everest 2007, DCXP, Medical Advisor: Outward Bound East. Interest: Emergency Medicine (Access Block), Sports Medicine, Wilderness Medicine, Mountain Medicine, Expedition Medicine, Polar Medicine, International Collaboration. Research Interest: UV radiation at altitude, athletes at altitude. Available for teaching, advice, international collaboration resource, medical expedition support. Email [isscheng@gmail.com](mailto:isscheng@gmail.com)

**0082 Dr Iestyn Carr** Awarded 8/12/09 GP and Mountaineer based in Røros, Norway. Faculty 2009-2016. Email [iestyndoc@icloud.com](mailto:iestyndoc@icloud.com)

**0083 Prof Giles Peek** Awarded 8/12/09. MD, FRCS CTh, FFICM, Dip Mtn Med. Chief of Pediatric Cardiothoracic Surgery, Children's Hospital at Montefiore, New York. NY license # 279967, GMC 3484933. Interests: Ski mountaineering, Ice & Rock Climbing, Canoe & Kayaking. Available for lectures and consultation on congenital heart surgery and ECMO for hypothermia including patients in hypothermic cardiac arrest in the North East USA. If your patient is in hypothermic cardiac arrest please call +1 646 284 8161 ideally from the scene. Email [gilespeek@hotmail.co.uk](mailto:gilespeek@hotmail.co.uk)

**0084 Dr Steve Seale** Awarded 8/12/09. Faculty DMM. GP Cornwall. Interests: Rock-climbing, mountaineering and ski touring. Available for expeditions or advice. Previous employment in Himalaya, Greenland & Antarctica. Address: Floral cottage, Mithian, St Agnes, Cornwall. TR5 0QQ. Email [steveseale@hotmail.com](mailto:steveseale@hotmail.com)

**0085 Dr Sudeb Mandal** Awarded 8/12/09. GP Kent, interest in travel medicine. Available as Expedition doctor. Email [sudebmandal@hotmail.com](mailto:sudebmandal@hotmail.com)

**0086 Dr Anna Shekhdar** Awarded 14/10/10. MBChb FCEM DIMM. Consultant in Emergency Medicine, Treliske Hospital and Medical Advisor Cornwall Air Ambulance. Interests: Anything outdoors! Mainly skiing, climbing, surfing and adventure racing. Previous employment as expedition doctor on trekking trips to Peru, China, Iceland, Kilimanjaro and cycling down South Africa. Chief medical officer for Jungle marathon 2011. Experience of high altitude mountaineering and PADI advanced diver. Available for expeditions and advice. Address: Porthview, West Cliff, Porthtowan, Truro, TR4 8AE. Email [AnnaShekhdar@hotmail.com](mailto:AnnaShekhdar@hotmail.com)

**0087 Dr Kirsty Watson** Awarded 14/1/10. GP Kendal. Interests: Rock Climbing and mountaineering. Available for expeditions and advice. Email [kwatson@doctors.net.uk](mailto:kwatson@doctors.net.uk)

**0088 Dr Suzy Stokes** Awarded 20/1/10. MBChB (Hons), Fellow of the Academy of Wilderness Medicine. Co-founder of MARS (Manchester Altitude Research Society). Faculty DMM. Involved in pre-hospital care with Thames Valley BASICS scheme. Special interests in High Altitude and Remote Medicine and particularly interested in teaching/working abroad in high altitude rescue posts and as an expedition doctor. Coordinator and leader for Nepalese DiMM. Contact: 07814 263092. Email [suzystokes@doctors.org.uk](mailto:suzystokes@doctors.org.uk)

**0089 Dr Mary Claydon** Awarded 20/1/10. MRCP, DFSRH, DCH, BSc, MB BCh, Dip Mtn Med (UIAA). GP in Scottish Highlands. Experience in rural medicine & pre-hospital emergency care. Email [maryclaydon@hotmail.com](mailto:maryclaydon@hotmail.com)

**0090 Dr Sarah Hollis** Awarded 1/7/10. Civilian Medical Practitioner for Armed Forces based at Catterick Garrison. Medical Advisor for the Ultimate Travel Company. Extensive experience in pre-hospital care, overseas travel and trekking at altitude. Email [shollis@doctors.org.uk](mailto:shollis@doctors.org.uk)

**0091 Dr Emma Lloyd-Davies** Awarded 25/3/10. MBBS, BSc, DiMM, FANZCA Anaesthetic Consultant with interest in travel/work abroad and expedition/high altitude medicine. Completed my anaesthetic training in New Zealand and now working in Bangor, North Wales. Email [emmalloyddavies@doctors.org.uk](mailto:emmalloyddavies@doctors.org.uk)

**0092 Edward Brown** Awarded 25/3/10. MBChB (Hons) MRCS. Interested in mountaineering, rock climbing, mountain biking, skiing. Expedition experience to Greenland and Kyrgyzstan. Available for expedition work. Email [edwardsbbrown@yahoo.co.uk](mailto:edwardsbbrown@yahoo.co.uk)

**0093 Dr Tim Smith** Awarded 25/3/10. MBChB, FRCA, FANZCA. Consultant Anaesthetist based in Port Macquarie, NSW, Australia. Professional Interests: Previous experience in pre-hospital and aeromedical retrieval.

Outside Interests: Rock and Scottish Winter Climbing, Alpinism and Multisport.  
Outdoor qualifications: Summer ML (in-between training and assessment for SPA and Winter ML). Email [timjssmith@me.com](mailto:timjssmith@me.com)

**0094 Dr Mike Whiteside** Awarded 16/12/08. MRCP, DTMH, Dip MM. Specialist Registrar in Acute medicine based in Sheffield. Climber, trekker, skier, mountaineer, mountain biker, diver and photographer. Medical officer on numerous expeditions (arctic, diving, jungle, high ranges). Available for advice, lectures and/or expeditions (given sufficient notice!). 07811 256437. Email [stainleberry@hotmail.com](mailto:stainleberry@hotmail.com)

**0095 Dr Raj Nathwani** Awarded 25/3/10. London based Trainee in Anaesthetics and Intensive Care Medicine. Interests in Trauma, Pre Hospital Care & Expedition Medicine. High altitude mountaineering experience. Part of the Territorial Army. Available for advice, lectures and trips. Tel 0781 641 0975. Email [rajen.nathwani@doctors.org.uk](mailto:rajen.nathwani@doctors.org.uk)

**0096 Dr Alexandra Koukoutsis** Awarded 25/3/10. Orthopaedic Surgeon. MSc in International Medicine-Health Crisis Management University of Athens. Member of the Medical Committee of UIAA. EFR First Aid Instructor (EFR 306419). RTI First Aid at Work Instructor/Assessor (RTI FAWI 1460). Responsible of First Aid Education in the border line and the islands of Greece through the National Health Program of the Stavros Niarchos Foundation ([www.SNF.org](http://www.SNF.org)). Mountaineer, rock climber and marathon runner interested in research lecturing and expeditions.  
11 Perikleous str. Marousi p.c. 151 22 Athens, Greece. Tel: (+30) 211 40 57 100 Mob. (+30) 6979 00 21 19. Email [alex@basecamp.gr](mailto:alex@basecamp.gr)

**0097 Dr Rimon Than** Awarded 16/5/10

**0098 Dr Catherine Mangham** Awarded 31/7/10

**0099 Dr David Evans** Awarded 23/10/10. Retired consultant in anaesthesia and Intensive care medicine. BA Hons., LL.M. MB.BS (London) FRCA (England) DTM&H. Happy to give advice and support. South Wales. Email [dhc\\_jungle@hotmail.com](mailto:dhc_jungle@hotmail.com)

**0100 Dr Kazuo Oshiro** Awarded 23/10/10. FAWM. Cardiologist and Emergency physician in Japan. Medical Advisor of National Police Mountain Rescue Teams in Japan. Medical Instructor of Mountain Rescue of the Fire Defense Agency in Japan. Faculty member of Japanese Diploma of Mountain Medicine. Faculty member of Japanese Society of Mountain Medicine. Email [kazooshiro@gmail.com](mailto:kazooshiro@gmail.com)

**0101 Dr Adam Booth.** Awarded 26/10/10. Faculty DMM. Keen climber and mountaineer. GP in Shrewsbury area. Interested in expedition medicine and altitude research. Deputy medical officer for BMRES Chile expedition 2008, medical officer for CASE Xtreme Alps expedition 2010. Mad for it! [www.boothbrothers.blogspot.com](http://www.boothbrothers.blogspot.com) [www.bmres.co.uk](http://www.bmres.co.uk). Email [adambooth@nhs.net](mailto:adambooth@nhs.net)

**0102 Dr John Usher** Awarded 26/10/10. MBChB, MRCP. GP in South East Scotland with a passion for the outdoors. Email [johndusher@hotmail.co.uk](mailto:johndusher@hotmail.co.uk).

**0103 Dr Graeme Parry** Awarded 26/10/10. Qualified GP, ordinarily based in Edinburgh Scotland (although based in Sydney from Jan 2011 - 2012). Keen mountaineer, skier and surfer. Available for expeditions. Email [gnparry@yahoo.co.uk](mailto:gnparry@yahoo.co.uk)

**0104 Dr Rich Lowsby** Awarded 26/10/10. FRCEM, FFICM, MRCP, DTM&H. Emergency Medicine and Intensive Care doctor, Liverpool based. Interests and experience in expedition medicine, working at altitude and global health. Email [richlowsby@hotmail.com](mailto:richlowsby@hotmail.com)

**0105 Fiona King** Awarded 15/11/10. MBChB, MRCP. General Practitioner in Queenstown, New Zealand. Interests - Mountaineering, skiing, endurance events, trekking. PGCert awarded 15/11/2010. PGDip awarded 19/10/2014. Email [Fiona\\_shrubb@hotmail.com](mailto:Fiona_shrubb@hotmail.com)

**0106 Dr Yashvi Wimalasena** Awarded 15/11/10. Faculty DMM. Consultant in Emergency Medicine and HEMS Physician, West Midlands. Member of Medex and BMRES. Interested in all things in the mountains including rock climbing, ice climbing, skiing, alpinism and high altitude mountaineering. Experience of leading and been a medic on expeditions to the greater ranges of Europe, Africa, South America and Himalaya. Faculty for Birmingham Med School SSM in High Alt and Mtn Med and its WM course. Research interest in pulmonary oedema and lung ultrasound, with presentations at international conferences (ICEM/EuSEM) and publications. Available for advice, lectures and expeditions. Tel : 07813 989960. Email [yashvi299@yahoo.co.uk](mailto:yashvi299@yahoo.co.uk)

**0107 Dr Kitty Duncan** Awarded 15/11/10. Faculty DMM. Anaesthetist with aeromedical retrieval and Prehospital medicine experience including working in the Nepalese Himal and for Medecins Sans Frontieres. Interest in HAPE as part of the APEX group ([www.altitude.org](http://www.altitude.org)). Based in the Peak District. Available for teaching, presentations and advice. Email [kitty\\_duncan@hotmail.com](mailto:kitty_duncan@hotmail.com)

**0108 Dr Edwin Mitchell** Awarded 18/12/10. MBBS MRCP FRCA Dip Mtn Med (UIAA). Faculty DMM. Consultant Anaesthetist based in West Midlands. Interests include rock climbing, winter climbing and alpinism. Available for advice and lectures. Email [dredmitchell@hotmail.com](mailto:dredmitchell@hotmail.com)

**0109 Dr Jon Bailey** Awarded 18/12/10. Registrar in Emergency, Pre-Hospital and Intensive Care Medicine based in Thames Valley. Instructional qualifications in climbing/mountaineering/diving/skiing. Email [bailey.jon@gmail.com](mailto:bailey.jon@gmail.com)

**0110 Dr Franca Serafini** Awarded 26/1/11. Anaesthetic staff grade at Epsom and St Helier NHS Trust, Surrey. Email [fanca.serafini@gmail.com](mailto:fanca.serafini@gmail.com)

**0111 Dr Martin Rhodes** Awarded 13/2/11. Faculty DMM. Chief Medical Officer “Antarctic Logistics & Expeditions”. Many expeditions to Antarctic, Arctic & the Greater Ranges. Available for advice, consultation and clinical opinion. Email [docmartinrhodes@gmail.com](mailto:docmartinrhodes@gmail.com)

**0112 Dr Ian Tyrrell-Marsh** Awarded 10/3/11. MBChB (Hons). Manchester based. Email [ityrrellmarsh@hotmail.com](mailto:ityrrellmarsh@hotmail.com)

**0113 Dr Michael Purkiss** Awarded 10/3/11. Hampshire Based when in the country. Specialist interest in cardiac conditions at altitude. Email [mikepurkiss@doctors.org.uk](mailto:mikepurkiss@doctors.org.uk)

**0114 Dr Jonathan Brett** Awarded 8/5/11. Physician currently resident in Sydney Australia. Available advice or for trips in Australia and New Zealand. Email [Jonathan.Brett2005@gmail.com](mailto:Jonathan.Brett2005@gmail.com)

**0115 Dr Mike Mowbray** Awarded 29/5/11. Consultant Anaesthetist and lifelong climber. Mansfield, Nottinghamshire. Email [mike.mowbray@sfh-tr.nhs.uk](mailto:mike.mowbray@sfh-tr.nhs.uk)

**0116 Dr Rich Griffiths** Awarded 15/11/11. Faculty DMM. Specialist trainee in Emergency Medicine. Sheffield. Email; [gingerrich@doctors.org.uk](mailto:gingerrich@doctors.org.uk)

**0117 Dr Ben Gibbison** Awarded 15/11/11. South West based anaesthetist with interests in all varieties of climbing and mountain running.

**0118 Jon Morgan** Awarded 16/11/11. Faculty DMM. Associate Specialist in Anaesthetics in Sheffield Teaching Hospitals. Only practising doctor in the UK who is also a full UIAGM Guide. Passionate climber, mountaineer, skier and fell runner. Has competed at international level in Ski Mountaineering events. Most of his guiding is on skis but he also enjoys working on the UK Diploma courses in Scotland and Arolla. Email [jon@jon-morgan.com](mailto:jon@jon-morgan.com)

**0119 Dr Karen Greene** Awarded 27/11/11. Faculty DMM. Specialist doctor in Anaesthetics, Emergency Medicine and Education. Holder PGCE. Doctor in Wasdale Mountain Rescue Team for 25 years. Holder Summer ML and in training for Winter ML. Email [drkarengreene@hotmail.co.uk](mailto:drkarengreene@hotmail.co.uk)

**0120 Dr Laura Jackson** Awarded 30/11/11. Specialist Registrar Anaesthetics/ICU in the Welsh Deanery. Special Interests: All outdoor pursuits, mountain biking, fell running, Mountaineering. Available for advice/teaching/lectures. Email [Lej42@hotmail.com](mailto:Lej42@hotmail.com) or [lauraejackson@doctors.org.uk](mailto:lauraejackson@doctors.org.uk).

**0121 Dr James Hanslip** Awarded 23/12/11. GP Liverpool.UK. Email [jhanslip@nhs.net](mailto:jhanslip@nhs.net)

**0122 Dr Richard Stanley** Awarded 23/12/11. GP.The Bladock Surgery, High Street, Baldock, Herts. SG7 6RP. Email [rsgstanley@doctors.org.uk](mailto:rsgstanley@doctors.org.uk)

**0123 Dr Alun Thomas** Awarded 23/11/12

**0124 Dr Lauren Newcomb** Awarded 23/12/11. Obs and gynae trainee, South Wales. Interests: ski mountaineering and climbing. Experience: 2 Spring Seasons in Himalayan Rescue Clinics (Pheriche 2011, Machermo 2008), Exped Leader for youth expeditions to Tanzania, Costa Rica and Peru. Ascents of three 6000m peaks (Andes and Himalayas) plus remote big wall climbing in Turkey and Madagascar and ski ascents in NZ, Switzerland, Canada and France. Email [lauren.newcomb@wales.nhs.uk](mailto:lauren.newcomb@wales.nhs.uk)

**0125 Dr Katie Williams** Awarded 23/12/11. MBBS, BSC, AKC. Currently embarking on a year out to work at both the Machermo and Pheriche Rescue Posts in Nepal. Interests in expedition, altitude and travel medicine with previous experience as an Expedition Doctor in the Himalayas and Mountain Leader in the Andes, with extensive travelling throughout Asia and Europe. Experience as a Race Doctor for the Lakeland 100 and UTMB in Chamonix as well as previous RAF Mountain Rescue work. Other interests include mountaineering, mountain biking and ultramarathon endurance events. Planning to relocate to Scotland for GP training after dabbling in EM and Anaesthetics. Available for advice and particularly keen to help students with Wilderness Medicine / Travel interests. Email [katie.williams@doctors.org.uk](mailto:katie.williams@doctors.org.uk)

**0126 Dr Paddy Mitton BMBS** Awarded 3/1/12. Currently GP trainee based in Cornwall. Active mountaineer and climber at home and abroad. Interests in expedition, altitude and travel medicine. Experience on multiple expeditions worldwide. Doctor and Medical Trustee for the Cornwall Search and Rescue team. Available for advice, teaching or as expedition doctor. Tel: 0795 8615232. Email [paddymitton@doctors.org.uk](mailto:paddymitton@doctors.org.uk)

**0127 Dr Rob Conway** Awarded 23/1/12. Anaesthetist and expedition leader. Experience in altitude, polar, diving, travel medicine and media support. Available for advice, hands on instruction for medical or logistical aspects of expeditions including medical kit procurement. Website: [www.wildmedic.co.uk](http://www.wildmedic.co.uk). Email [rob@wildmedic.co.uk](mailto:rob@wildmedic.co.uk)

**0128 Dr Matthew Barber** Awarded 25/1/12

**0129 Dr Karen Roberts** Awarded 18/4/12. GP partner and independent contractor to the MDU as a clinical complaints adviser. Active climber in UK and abroad. Lectures on medico-legal issues. Email [dr.karen.roberts@btinternet.com](mailto:dr.karen.roberts@btinternet.com)

**0130 Dr Carolyn Kelly-Smith** Awarded 4/8/12. FRCPC Emergency Medicine. FRCPC Emergency Medicine, Emergency Physician Royal Columbian Hospital Canada, Medical Director North Shore Search and Rescue, Ski patrol physician, Faculty Canadian Society Mountain Medicine DiMM. [www.thecsम्म.org](http://www.thecsम्म.org) Email [carolyn.kellysmith@gmail.com](mailto:carolyn.kellysmith@gmail.com)

**0131 Mr Simon Bennet** Awarded 5/8/12. MBChB, MRCS. Specialist Registrar training in trauma and orthopaedic surgery, based in Bristol. Keen climber and mountaineer with experience climbing in the greater ranges. Available for advice, lectures and expeditions. E-mail [simon.bennet@hotmail.com](mailto:simon.bennet@hotmail.com)

**0132 Dr Anthony M Chahal** Awarded 24/8/12. Emergency Medicine FRCPC, Canadian Ski Guides Association Level 1. Based in Vancouver BC. Canada. Faculty and founding member of Canadian Society of Mountain Medicine: [www.thecsmm.org](http://www.thecsmm.org). Email [anthony.chahal@gmail.com](mailto:anthony.chahal@gmail.com)

**0133 Dr Zoe Burton** Awarded 16/10/12. Specialist trainee in anaesthesia with paediatric and global anaesthesia interests. Experience includes ski-touring expeditions in the polar regions, work as an expedition doctor in Antarctica and the Himalayas, leading youth expeditions to Peru, Arctic Svalbard. Wilderness Medical Training faculty. Email [drzoeburton@gmail.com](mailto:drzoeburton@gmail.com)

**0134 Dr Ben Hall** Awarded 27/10/12. Emergency Medicine trainee with specialist interest in Pre Hospital Emergency Care. Works extensively with Search and Rescue and Mountain Rescue Teams. Email [bgrhall@nhs.net](mailto:bgrhall@nhs.net)

**0135 James Parker** Awarded 27/10/12. Faculty DMM. BDS, DPDS, MFSDP, M Surg Dent, FDS RCS Eng. Keen skier and general mountaineer with particular interest in snow safety and endurance events. Tresithick House, Carnon Downs, Truro, Cornwall, TR3 6JW. Email [hj.parker@btopenworld.com](mailto:hj.parker@btopenworld.com)

**0136 Dr Rachel Hamilton** Awarded 27/10/12. GP trainee based in the Peak District area. Edale Mountain Rescue Team member and doctor. Interests in expedition, altitude, and travel medicine. Keen outdoor enthusiast. Available for expeditions, teaching, and lectures. Tel: 07903359811. Email [Rachel\\_hamilton@hotmail.co.uk](mailto:Rachel_hamilton@hotmail.co.uk)

**0137 Dr Ged O'Sullivan** Awarded 27/10/12. GP in south Cheshire. Keen climber, walker and skier and still manages OMM most years. Available for lectures and advice. Email [gedosullivan@me.com](mailto:gedosullivan@me.com)

**0138 Dr Suzi Hale** Awarded 27/10/12. Email [Suzanne.hale@doctors.org.uk](mailto:Suzanne.hale@doctors.org.uk)

**0139 Dr Isla Madeleine Wormald** Awarded 27/10/12. BSc MBChB (Leeds) DiMM (UIAA / IKAR / ISMM). Acute Care Common Stem Emergency Medicine Core Trainee 3 in South Yorkshire. Formerly a doctor for Upper Wharfedale Fell Rescue Association. Expedition medicine experience includes: doctor for British Schools Exploring Society (BSES) Arctic Adventure 2011 expedition to Svalbard, Chief Medical Officer for Leeds Metropolitan University Himalayan Research Expedition 2011, Senior Medical Officer for BSES Arctic Odyssey 2012 Expedition to Loppa Peninsula of Norway, Challenge Medic for three Action Challenge Kilimanjaro Summit Challenges & Chief Medical Officer for Medex Manaslu 2015 Expedition. Doctor for Action Challenge "London 2 Paris 24" 2013 & previously for Great Britain Junior Lead Climbing & Bouldering Teams. Helped deliver first UIAA / ICAR / ISMM Nepal

Diploma in Mountain Medicine. Passion for outdoor pursuits. Mountain Training Association Summer Mountain Leader & PADI Open Water Diver. Aspirant Winter Mountain Leader & British Association of International Mountain Leaders International Mountain Leader. Thrives on adventure! Available for teaching or as an expedition doctor. Email [islawormald@doctors.org.uk](mailto:islawormald@doctors.org.uk)

**0140 Dr Brian Parkin** Awarded 27/10/12. FRCP. Medical Director for Advanced Life Support. Particular interest in Ski Mountaineering. Based in Guernsey available for advice and support in the Channel Islands area. Email [bp@healthcare.gg](mailto:bp@healthcare.gg)

**0141 Dr Ruth Batty** Awarded 27/10/12. MB BS, MRCP, FRCR. Consultant Radiologist, Royal Hallamshire Hospital, Sheffield. ATLS instructor. Email [batty ruth@hotmail.com](mailto:batty ruth@hotmail.com)

**0142 Dr Chris Abbott** Awarded 27/10/12. RAMC MRCEM DIMC DIMM DMCC. Military medical officer. Experienced skier & ski mountaineer. Multiple trips to greater ranges. Special interest in clinical human factors and technology enabled care services. Available for instruction, lecturing, and expeditions. Email [drchrisabbott@gmail.com](mailto:drchrisabbott@gmail.com)

**0143 Jonathan Wylie** Awarded 27/10/12. State registered paramedic based near Glasgow, Active winter climber with European, Alpine and Alaskan experience. Available for occasional expedition work and/or adventures. Email [wylie\\_jon@yahoo.co.uk](mailto:wylie_jon@yahoo.co.uk)

**0144 Dr Gareth James** Awarded 27/10/12. MBCh (Wales) North Wales based but currently (2012) in New Zealand. Passionate climber and mountaineer. Available for advice and expeditions. Email [garethiwan@gmail.com](mailto:garethiwan@gmail.com)

**0145 Dr Stephen Hillier** Awarded 27/10/12. MBChB (ATLS, APLS, PHECC). Anaesthetic Trainee in East Midlands. Keen climber. Experience as ski doctor in New Zealand. Available for expedition work. Email [drstevhillier@googlemail.com](mailto:drstevhillier@googlemail.com)

**0146 Dr Benjamin Marriage** Awarded 27/10/12. MBBS BSc (aerospace physiology). Anaesthetist in the East of England Deanery. Previous experience in high altitude, diving, ocean sailing, microgravity and expedition medicine. Interested in virtually all forms of outdoor pursuits. Available for advice/teaching/lectures and trips. Email [Benji\\_marriage@hotmail.com](mailto:Benji_marriage@hotmail.com)

**0147 R. Bryan Simon** Awarded 27/10/12. RN, MSc, FAWM. Based in New River Gorge, West Virginia, USA. Partner, Vertical Medicine Resources ([vertical-medicine.com](http://vertical-medicine.com)). Associate Editor, Accidents in North American Climbing, American Alpine Club. Climbing Medicine Columnist, Wilderness Medicine magazine. Director, Appalachian Mountain Rescue Team. Certified SPI, American Mountain Guides Association (AMGA). Author, Vertical Aid: Essential Wilderness Medicine for Climbers, Trekkers, and Mountaineers (WW Norton). Available for lectures, publications, or as an expedition medic. Email [bryan@vertical-medicine.com](mailto:bryan@vertical-medicine.com)



**0148 Debbie A Simon** Awarded 27/10/12. RN, MSc, FAWM, CPT. Based in New River Gorge, West Virginia, USA. Partner, Vertical Medicine Resources ([vertical-medicine.com](http://vertical-medicine.com)). Author, Vertical Aid: Essential Wilderness Medicine for Climbers, Trekkers, and Mountaineers (WW Norton), Member, Wilderness Medical Society. Certified SPI, American Mountain Guides Association (AMGA). Certified Personal Trainer with focus on climbing/mountaineering preparation. Available for lectures, training, and as an expedition medic. Email [deb@vertical-medicine.com](mailto:deb@vertical-medicine.com)

**0149 Dr Jack Kriendler** Awarded 27/10/12. Faculty DMM. Medical Director CHHP - the Centre for Health & Human Performance, 76 Harley Street. London. Leads the centre's Altitude Clinic and CPEX Lab with team including Prof Greg Whyte, Jim Pate, Dr Sundeep Dhillon, Prof Hugh Montgomery and DMM Faculty. Special interest in pre-expedition screening, physiological optimisation and risk management for AMS-prone, disabled, injured, terminally-ill and altitude-naive climbers. Consults and presents for TV, film and major charity challenges. Keen rock and ice climber and experienced ski-mountaineer. Founding Member of UK-MMS.org with Dr David Hillebrandt and Prof Chris Imray. Contact via: CHHP, 76 Harley Street, London W1G 7HH. Tel: 020-7631-3276 Website: <http://www.76harleystreet.com/sections/medicine/altitude>. Email [j.kreindler@76harleystreet.com](mailto:j.kreindler@76harleystreet.com)

**0150 Dr David Horak** Awarded 23/11/12. Cardiologist. Based in the Czech Republic, Liberec. Email [horak\\_david@seznam.cz](mailto:horak_david@seznam.cz)

**0151 Dr Parminder Chaggar** Awarded 23/12/12. MB CHB. BMedSci. MRCP. Keen climber, mountaineer, fell runner and cyclist working as a cardiologist with a special interest in heart failure and device therapy. Available for advice and teaching. Email [pchaggar@doctors.org.uk](mailto:pchaggar@doctors.org.uk)

**0152 Dr Mike Wild** Awarded 23/12/12. MB BCh, BSc (Hons), MSc. Edinburgh Based, currently in ICU. General outdoor interests: mountaineering, fell running, mountain biking, skiing, sea kayaking. High altitude mountaineering experience. Available for expeditions, teaching and lectures. Email [mikewild01@gmail.com](mailto:mikewild01@gmail.com)

**0153 Dr Andy Tomlinson** Awarded 5/1/13. Retired Anaesthetist (2017), Stoke on Trent. Worked in Nepal as anaesthetist (1982 and 1986) and with IPPG (2015). Life long rock climber, mountaineer and skier. Email [andy.tomlinson@doctors.org.uk](mailto:andy.tomlinson@doctors.org.uk)

**0154 Dr Daniel Kornhall** Awarded 18/1/13. Anaesthetist with a professional interest in prehospital emergency care especially where it interfaces with wilderness and mountain emergency medicine. Most of the time based in Northern Norway. Active skier and climber. Email [danielkornhall@me.com](mailto:danielkornhall@me.com)

**0155 Dr David Hunt** Awarded 18/1/13. FRCA MCEM FRGS RAMC. Army Anaesthetic Registrar. Interest in Trauma and damage control resuscitation, pre-hospital care and Intensive care medicine. Experienced Ski Mountaineer. Available for teaching or lectures. Email [davidmichaelhunt@hotmail.com](mailto:davidmichaelhunt@hotmail.com)

**0156 Dr Neil Long** Awarded 5/2/13. Emergency hospital and rural hospital trained. Majority of climbing skills learnt in New Zealand, rock, snow and ice. Extensive travel in six continents with interest in third world medicine. Available for expeditions. Email [neillong@doctors.org.uk](mailto:neillong@doctors.org.uk)

**0157 Dr D Burckett-St.Laurent** Awarded 5/2/13. FRCA. Anaesthetic Registrar in Cardiff specialising in regional anaesthesia. ATLS and ALS instructor. Climber, fell runner and free diver. Arctic ocean expedition experience. Available for advice, teaching and expeditions. Email [bstl.david@yahoo.co.uk](mailto:bstl.david@yahoo.co.uk)

**0158 Dr Matthew Knox** Awarded 11/2/13. Locum A&E Registrar. Active mountaineer, rock climber, runner and cyclist. High altitude mountaineering and medicine experience. Available for expeditions and advice. Based in Australia (Sydney) but keen to travel for expeditions. Email [mattcknox@gmail.com](mailto:mattcknox@gmail.com)

**0159 Dr Savini Wijesingha** Awarded 15/2/13. Wessex anaesthetic trainee, currently in New Zealand with interest in retrieval, pre hospital and expedition medicine. Jungle, mountain and ocean expedition experience. Available for teaching or as expedition doctor. Email [tswije@gmail.com](mailto:tswije@gmail.com)

**0160 Dr Ben Greatorex** Awarded 7/3/13. BMBS BMedSci (Hons) FRCA. Anaesthetic and intensive care trainee in Severn deanery. Interested in rock climbing and winter mountaineering. Experience of providing anaesthesia and emergency medical care in developing countries including South Africa and Ethiopia. Available for work as an expedition doctor. Email [benjamingreatorex@hotmail.com](mailto:benjamingreatorex@hotmail.com)

**0161 Dr Charlotte Haldane** Awarded 12/6/13. Faculty DMM. Full time HEMS Doctor for Magpas Air Ambulance. Major in the Army Reserves (144 Para Med Sqn, 16 Air Assault Brigade). Interested in Pre-hospital care, altitude research, diving medicine and remote medicine. Qualified Dive Master, Experienced expedition medic and expedition leader to jungle and mountainous environments, personal experience of remote mountaineering. Research Investigator for Xtreme Everest 2, ongoing work with Centre for Altitude, Space and Extreme Environment Medicine, UCL. Lecturer and examiner for the Diploma of Mountain Medicine, lecturer for World Challenge Expeditions. Personal interests include winter mountaineering, white-water kayaking, scuba diving and jungle trekking. Available as an expedition doctor, for lectures or for clinical advice in Cambridge, London and the North West. Email [Charlotte.haldane@doctors.org.uk](mailto:Charlotte.haldane@doctors.org.uk)

**0162 Dr Bisanth Batuwitige** Awarded 6/7/13. MBBCh, MRCS, FRCA. South Yorkshire Anaesthetic registrar. Outdoor interests include climbing, mountaineering and fell running. Clinical interests trauma, simulation and medical education. Available for advice, teaching and expeditions. Email [batu@doctors.org.uk](mailto:batu@doctors.org.uk)

**0163 Dr Claire McCahill** Awarded 7/11/13. London based Anaesthetic trainee. Interests include: Mountaineering, climbing, travel, diving, paragliding and skiing. Contact: [cmccahill@doctors.org](mailto:cmccahill@doctors.org)

**0164 Mr James Pegrum** Awarded 8/11/13. MB BS Bsc MRCS (Eng) Msc (Sports & Exercise Medicine) Research Associate Sports & Exercise Medicine Queen Mary University London Orthopaedic Specialist Registrar Oxford. With an interest in Skiing, Rugby Football, Athletics, sports injuries and trauma care. Available for advice or talks. Email [jpegrum@doctors.net.uk](mailto:jpegrum@doctors.net.uk)

**0165 Dr Sarah Maclean** Awarded 13/12/13. BSc (Hons) MBChB. Glasgow based anaesthetic trainee with interest in pre-hospital, travel and altitude medicine. Outdoor interests include mountaineering, skiing and mountain biking. Available for advice, teaching and expeditions. Email [sarah2602@hotmail.com](mailto:sarah2602@hotmail.com)

**0166 Dr Nick Fisher** Awarded 13/12/13. Ex-army GP with experience practicing medicine at high altitude and in desert, arctic, remote and hostile environments. UK based until 2014 then moving to British Columbia, Canada. Expedition planning, advice and medical support. Email [nickfisher@me.com](mailto:nickfisher@me.com)

**0167 Dr James Farrant** Awarded 13/12/13. MB BCh, FRCA, BSc (hons). Consultant paediatric anaesthetist based in South Wales. Experience: Altitude medicine in Nepal running a medical aid and rescue post, altitude research in Europe, jungle expedition experience. Charity trustee for International Porter Protection Group [www.ippg.net](http://www.ippg.net) Interests: Rock climbing, mountaineering, off piste skiing, mountain biking. Available for advice, teaching and expeditions. Email [jamesfarrant@gmail.com](mailto:jamesfarrant@gmail.com)

**0168 Dr Christopher Sloan** Awarded 13/12/13. BMBS. Anaesthetic trainee based in Sheffield. Clinical interests: medical education, pre hospital care, expedition medicine, ALS instructor. Outdoor interests: Experience in UK, alpine and Himalayan mountaineering, extensive whitewater kayaking and whitewater rescue experience. Available for advice, teaching, lectures and expeditions. Email [c.sloan@doctors.net.uk](mailto:c.sloan@doctors.net.uk)

**0169 Dr Alexander Bacon** Awarded 13/12/13. Email [drambacon@googlemail.com](mailto:drambacon@googlemail.com)

**0170 Dr Rachel Anderson** Awarded 13/12/13. Emergency Medicine Registrar Scotland. Interests in expedition medicine and medicine in developing countries. DTM&H holder (tropical medicine). Medical experience at Pheriche aid post and Everest Base Camp, Nepal and in Antarctica. Email [ebcrach@gmail.com](mailto:ebcrach@gmail.com)

**0171 Dr Nicola Millar** Awarded 13/12/13. ED registrar. Dunedin, New Zealand. Email [nicmillar@yahoo.co.uk](mailto:nicmillar@yahoo.co.uk)

**0172 Dr Michelle Aukland** Awarded 5/1/14. MBChB (Hons). Current FY2 doctor applying to work in West Midlands. Experience working at Travel/Altitude clinic in

Kathmandu. Interests include climbing. Mountaineering and skiing. Tel: 07812 108919. Email [michelleaukland@hotmail.com](mailto:michelleaukland@hotmail.com)

**0173 Dr Michael Prosser** Awarded 11/1/14. MBBCh, MCEM. Specialising in Emergency medicine in the South West. Experienced in Pre hospital care, retrieval, expedition and altitude medicine. Expedition / Altitude experiences include the establishment of a rural high altitude Health clinic in Langtang, Nepal, providing altitude medical training to trekking guide and expeditions in Northern India/Bhutan. Outdoor interests include: mountaineering, skiing, diving and extensive white water kayaking experience including rescue skills. Available for advice, teaching and expeditions. Email [mjprosser84@gmail.com](mailto:mjprosser84@gmail.com)

**0174 Dr Lawrie Kidd** Awarded 14/1/14. Anaesthetic trainee in the South West. Keen climber, skier, runner, cyclist and surfer. Experience in Jungle, Altitude and Diving expeditions. Email [lawriekidd@hotmail.com](mailto:lawriekidd@hotmail.com)

**0175 Dr Kath Rosedale** Awarded 15/2/14. Bristol Anaesthetic Trainee. Special interest in developing world anaesthesia, mountaineering, fell running. MTB and skiing. Email [kathrosedale@hotmail.com](mailto:kathrosedale@hotmail.com)

**0176 Dr Richard Hargrave** Awarded 15/2/15. GP registrar in the Scottish Highlands. Interests away from the mountains include triathlon and multi sport. Email [richardhargrave@nhs.net](mailto:richardhargrave@nhs.net)

**0177 Dr Tom Sutherland** Awarded 15/2/14. Faculty DMM. Emergency Medicine Trainee. Keenly interested in expeditions of all sorts, including those with a teaching or awareness raising agenda. And also those that are challenging from a technical or endurance based perspective. I am a keen climber, mountaineer, ski tourer, mountain bike rider and runner. The more remote the better. Email [tomsutherland@doctors.org.uk](mailto:tomsutherland@doctors.org.uk)

**0178 Dr Joe Davis** Awarded 15/2/14. Lake District GP. All round outdoor/adventure travel enthusiast. Worked as a doctor in polar, jungle, desert and high altitude environments. Regular faculty/leader on expedition medicine courses in UK and abroad. Interest in Pre hospital care (BASICS) and Mountain rescue. Available for advice, talks, teaching or as expedition doctor. Tel: 07940 997622. Email [jdmanilow@hotmail.com](mailto:jdmanilow@hotmail.com)

**0179 Dr John Weeks** Awarded 12/3/14. MBChB(e) DTM&H. Anaesthetics trainee based in North West England. Interests in medical education, pre-hospital care and altitude. Interest include mountaineering, climbing and especially mountain biking. Degree in Medicine with French. Email [weeks.johnr@gmail.com](mailto:weeks.johnr@gmail.com)

**0180 Dr Anthony 'Doug' Douglas** Awarded 20/3/14. Hampshire based doctor with experience as overseas expedition leader. Email [hobodoug@hotmail.com](mailto:hobodoug@hotmail.com)

**0181 Mr Paul Marshall** Awarded 12/3/14. Trauma and orthopaedic Consultant based at Royal Lancaster Infirmary. Email [paul.marshall@mbht.nhs.uk](mailto:paul.marshall@mbht.nhs.uk)

**0182 Dr Edi Albert** Awarded 20/5/14. MB ChB, MSc, MRCP, FRACGP, FACRRM, DMM. Based in Australia and currently Associate Professor in Remote and Polar Medicine at the University of Tasmania, and working as a rural generalist in emergency and remote medicine. Clinic doctor at Perisher Ski Resort and previous Antarctic Medical Practitioner at the Australian Antarctic Division. Provides expedition and wilderness medical training through [www.wildernesseducationgroup.com](http://www.wildernesseducationgroup.com) and medical advisor to Wilderness First Aid Consultants and the Australian Maritime College. Continues to travel, trek, climb, kayak, mountain bike and ski whenever and wherever possible. Available via for any expedition medicine related inquiries: Email [edi.albert@hotmail.com](mailto:edi.albert@hotmail.com)

**0183 Dr Alex Kennedy** Awarded 20/5/14. MBBch, FRCA, Anaesthetist in South Wales. Interests include paragliding, paramotoring, trekking, running and mountaineering. Available for advice and expeditions. Email [alijken@gmail.com](mailto:alijken@gmail.com)

**0184 Dr Nick Cochand** Awarded 20/5/14. MB BCh, BSc (Hons). Currently working in Emergency Medicine in New Zealand. Interests include Pre-Hospital care, expedition and altitude medicine. Experience in mountain, jungle and arctic expeditions and providing medical cover for extreme adventure racing. Available for advice, teaching and expeditions. Email [nickcochand1@doctors.org.uk](mailto:nickcochand1@doctors.org.uk)

**0185 Dr Sean Hudson** Awarded 20/5/14. General Practitioner with a special interest in pre hospital, remote and disaster medicine. Email [sean@expeditionmedicine.co.uk](mailto:sean@expeditionmedicine.co.uk)

**0186 Debra Hammer** Awarded 20/5/14. MD FRCPC FACC PFT Clinical Faculty in Cardiology, Mazankowski Alberta Heart Institute, University of Alberta, Canada. Wilderness Committee Chair, Canadian Academy of Exercise and Sport Medicine. Canadian Council Representative, International Society of Mountain Medicine. Email [dhammer@ualberta.ca](mailto:dhammer@ualberta.ca)

**0187 Karen Pickering** Awarded 29/7/14. Paramedic, based in the north east of England. Experienced in alpine mountaineering and UK summer and winter climbing. Interests in expeditions of any sort particularly high altitude), endurance running and mountain rescue. Email [Kaptain50@tiscali.co.uk](mailto:Kaptain50@tiscali.co.uk)

**0188 Dr Richard Stephenson** Awarded 13/12/14. BSc (Hons), MBBS (Hons). Australasian Emergency Medicine Advanced Trainee. Based in Dunedin, New Zealand. Interests in pre hospital and trauma medicine, climbing mountaineering and polar travel. Experience of alpine, high altitude and polar travel. Available for advice, teaching and expeditions. Email [mountainrich@hotmail.com](mailto:mountainrich@hotmail.com)

**0189 Dr Rob Lambert** Awarded 13/12/14. Trainee in trauma and orthopaedics. Edinburgh. Email [Robbie\\_lambert@hotmail.com](mailto:Robbie_lambert@hotmail.com)

**0190 Dr Paul Maries** Awarded 13/12/14. MBChB. MRCP. Bristol based GP with experience in high altitude mountaineering, skiing, climbing and whitewater kayaking. Available for advice, teaching and expeditions. Email [paulmaries@gmail.com](mailto:paulmaries@gmail.com)

**0191 Dr Adam Griffiths** Awarded 13/12/14. Royal Navy Medical Officer, Extensive expedition, especially in cold remote environments. Available for teaching lectures and expeditions. Email [adamgriff8@hotmail.com](mailto:adamgriff8@hotmail.com)

**0192 Dr Nicola Combs** Awarded 13/12/14. MBBS (Hons). Currently working in emergency medicine in Sheffield. Interested in pre-hospital and expedition medicine. Outdoor interests in climbing, mountaineering, triathlons, skiing and endurance/adventure events. For advice, teaching and expeditions: Email [n.combs@doctors.org.uk](mailto:n.combs@doctors.org.uk)

**0193 Dr Nelleke Ernsting** Awarded 13/12/14. Currently Dutch Military Doctor ambition is for GP work.

**0194 Dr Stuart Allan** Awarded 13/12/14. Faculty DMM.MRCP, DTM&H. GP Stoneleigh Surgery, Police Square, Milnthorpe, Cumbria. LA7 7PW. Tel: 015395 63307. Team doctor Kendal MRT. Interests in tropical medicine, snowboarding, mental health and teaching. Email [dr.stuart.allan@yahoo.co.uk](mailto:dr.stuart.allan@yahoo.co.uk)

**0195 Dr Nick Haslam** Awarded 13/12/14. MB BCh, BA, SHO currently working in Emergency Medicine in Edinburgh. Interests include expedition, altitude and remote tropical medicine. Experience includes expeditions in the Himalayas, supporting a wheelchair ascent of Kilimanjaro and remote rural medicine in Papua New Guinea. Available for advice, lectures, and expeditions. Email [newc2733@gmail.com](mailto:newc2733@gmail.com)

**0196 Dr Jasper Johnsson** Awarded 13/12/14. MD, DESA. Sweden. Consultant in Anesthesiology and intensive care medicine. Work mainly in the ICU, Helsingborg Hospital in the south of Sweden. Serve as a doctor in the Swedish Armed Forces (in the reserve). Part time PhD in Cardiac Arrest physiology. Interests include expedition medicine, trauma management and high altitude physiology. Email [jesper.johnsson@gmail.com](mailto:jesper.johnsson@gmail.com)

**0197 Dr Andrew Cumpstey** Awarded 13/12/14. DMM Faculty. BM BCh, MA (Cantab). Anaesthetics registrar' currently based in Hampshire. Experienced and qualified Mountain Leader, climbing, canoeing (white water/sea kayaking and open canoeing) and sailing instructor. Background in high altitude research with both CASE (UCL) and the Xtreme Everest research groups, particularly interested in physiological responses to low oxygen levels. Available for advice, teaching, lectures and expeditions. Email [acumpstey@gmail.com](mailto:acumpstey@gmail.com)

**0198 Dr Matt Wilkes** Awarded 13/12/15. MSc (Mtn. Med) MCEM FRCA FAWM FRGS

Anaesthetics Registrar with interests in Remote Medicine and Extreme Physiology. Paraglider pilot, mountain biker and adventure photographer. Founding Editor of Adventure Medic magazine (<http://www.theadventuremedic.com>), currently undertaking a PhD into the physiology of paragliders in flight. Email [matt@adventuremedic.org.uk](mailto:matt@adventuremedic.org.uk)

**0199 Dr Ben Michie** Awarded 10.2.15. Currently GP trainee in North East. Mountaineer/Skier and expedition doctor. Tel: 07980 845719. Email [Ben\\_michie@hotmail.com](mailto:Ben_michie@hotmail.com)

**0200 Dr Ian Evans** Awarded 10/2/15. British Army Medical Officer. Experience in mountaineering, skiing, climbing and adventure racing. Available for advice, teaching, races and expeditions. Email [ianevans@doctors.org.uk](mailto:ianevans@doctors.org.uk)

**0201 Dr Sarah Wysling** Awarded 10/2/15. Faculty DMM. Emergency Medicine Registrar, MB BCh (BSc) MSc (International Health). DTM&H. MCEM. Clinical experience working in various low resource settings and as expedition medic. This includes placement at the high altitude Machermo Aid Post, Khumbu, Nepal (IPPG). Contact: [sarah@farawaymedicine.com](mailto:sarah@farawaymedicine.com)

**0202 Dr Rhianwen Thomas** Awarded 10/2/15. GP trainee currently based in Plymouth. Experience of working on altitude and diving expeditions. Is a keen cyclist, runner, skier, surfer and mountaineer. Available for advice, teaching and expeditions. Email [rhianthomas83@hotmail.com](mailto:rhianthomas83@hotmail.com)

**0203 Mr Stuart Mercer** Awarded 5/7/15. Keen runner/skier/Alpinist. Worked as a doctor on ships, submarines & deserts. Email [stuartmercercer@me.com](mailto:stuartmercercer@me.com)

**0204 Dr Arlena Kuenzel** Awarded 5/7/15. UK Based (2017 Australia). Interested in pre-hospital care, tropical and expedition medicine. Member of 2015 Medex research expedition to Manaslu. Overseas experience working in Africa and East Timor. For advice, teaching and expeditions: Email [arlenak@hotmail.com](mailto:arlenak@hotmail.com)

**0205 Dr Chris Moss** Awarded 18/9/15. Anaesthetic Trainee MBBS, MEng. North East England. Away from the hills I am also a keen cyclist, runner, skier and offshore sailor. Previous work includes media support, expedition support and providing formal training of mountain rescue teams. Available for advice, teaching and expeditions. Mob: 0773 492 0301. Email [christjmoss@hotmail.com](mailto:christjmoss@hotmail.com)

**0206 Mr Matthew Doe** Awarded 16/12/15. BMedSci (Hons) BMBS MRCS. General surgical registrar based in the South West. Experience in high altitude expeditions, mountaineering and endurance events. Mountain leader trained. Available for teaching, lectures and expeditions. Contact: [matthewdoe@nhs.net](mailto:matthewdoe@nhs.net)

**0207 Dr Tom Geliot** Awarded 16/12/15. MBChB BSc (Hons) FRGS. DMM Faculty

Currently SHO in Emergency Medicine. Experience as expedition medic and high altitude research. Available for advice, teaching, lectures and expeditions. Email [tomgeliot@gmail.com](mailto:tomgeliot@gmail.com)

**0208 Dr Nadia Tharib** Awarded 16/12/15. MBChB (Hons) MRCPGP. GP based in North Wales and Worcestershire area. Keen skier, climber and mountaineer. Also have experience in medicine related to ultra marathons in austere environments. Available for advice, teaching and expeditions. Email [ntharib@doctors.org.uk](mailto:ntharib@doctors.org.uk)

**0209 Dr Lisa Brooke** Awarded 16/12/15. MBChB (2004), MRCPCH (2010), MRCPGP (2012). GP in the North West of England. Interested in rock climbing, open water swimming, kayaking, alpinism, mountain biking and endurance events, with a general passion for all things outdoors. Available for advice. Email [lisahalliday@doctors.org.uk](mailto:lisahalliday@doctors.org.uk)

**0210 Dr Virginie Walker** Awarded 16/12/15. GP Trainee living in rural Aberdeenshire with experience of rock climbing, mountaineering, skiing and ski touring. Email [virginiewalker@hotmail.com](mailto:virginiewalker@hotmail.com)

**0211 Dr Tom Bradley** Awarded 17/12/15. Devon-based anaesthetist with experience in mountaineering, climbing, high altitude, pre-hospital and retrieval medicine. Available for advice, teaching and expeditions. Email [drtombradley@gmail.com](mailto:drtombradley@gmail.com)

**0212 Dr Sarah Raitt** Awarded 17/12/15. British Army GP, experienced providing medical care in remote and hostile environments, including jungle, desert and high altitude. Experience working in East Africa, expeditions to Nepal and South America. Interests include climbing and telemarking. Email [sarahheyhoe@doctors.org.uk](mailto:sarahheyhoe@doctors.org.uk)

**0213 Dr Hannah Newcombe** Awarded 17/12/15. ED registrar in New Zealand. Experience in altitude and jungle expeditions and teaching undergraduate students wilderness medicine. Keen mountaineer, runner, skier. Available for advice, teaching and expeditions. Email [h.newcombe@nhs.net](mailto:h.newcombe@nhs.net)

**0214 Dr Timothy Saunders** Awarded 23/1/16. BSc MBChB RCPCH. Paediatric Registrar based in Peak District/South Yorkshire. Clinical interest in paediatric emergency medicine, trauma, pre-hospital care and tropical and infectious disease. Experience in expedition planning and management, high altitude and alpine mountaineering, winter and summer hill skills teaching and endurance events. Keen mountaineer and climber with global experience. Avid fell runner and cyclist. Available for advice, lectures, teaching and clinical opinion in the area of expedition, mountain and wilderness medicine with particular interest in management of childhood illness. Available for remote expeditions with notice. Email [leaftailedgecko@gmail.com](mailto:leaftailedgecko@gmail.com)

**0215 Dr Luke Benson** Awarded 23/1/16. GP in Gloucestershire. Email [lukebenson@nhs.net](mailto:lukebenson@nhs.net)



**0216 Dr Anna Lindsay** Awarded 23/1/16. Anaesthetic trainee in South Wales. Interested in all things outdoors especially mountaineering and skiing. Available as expedition doctor and for advice /teaching. Email [annalindsay88@gmail.com](mailto:annalindsay88@gmail.com)

**0217 Dr Rohan Goel** Awarded 23/1/16. MBChB, BSc (Hons). Currently based in North Wales. Email [rohan.goel@doctors.org.uk](mailto:rohan.goel@doctors.org.uk)

**0218 Dr Jessica Christley** Awarded 23/1/16. Based in Scotland. Keen climber, mountaineer and mountain biker. Email [jess.christley@btinternet.com](mailto:jess.christley@btinternet.com)

**0219 Dr Tessa Coulson** Awarded 23/1/16. MbChB with German, MRes. GP Trainee based in Manchester with overseas and emergency care experience. Outdoor enthusiast with interest in remote, expedition and altitude medicine. Email [tessacoulson@gmail.com](mailto:tessacoulson@gmail.com)

**0220 Dr David Pallot** Awarded 23/1/16. BA BM BCh MCEM. Emergency medicine Registrar and doctor with Woodhead Mountain Rescue team. Email [david.pallot@doctors.org.uk](mailto:david.pallot@doctors.org.uk)

**0221 Dr Ross Anderson** Awarded 23/1/16. MRCGP, MRCS(Ed). Doctor in General Practice and ENT in Cumbria. Active in expedition medicine and pre-hospital care. Medical advisor to expedition companies and media productions. General interests include fell running, trekking and ski touring. Website [www.adventuremedicalconsulting.co.uk](http://www.adventuremedicalconsulting.co.uk). Email [docross@me.com](mailto:docross@me.com)

**0222 Dr Jildou van der Kaaij** Awarded 20/8/16. Dutch and British trained anaesthetic consultant currently working in Basque country, Spain. Experience in pre hospital emergency care and expeditions to high altitude environments. Special interest in anaesthesia in developing countries and remote environments. Email [jmvanderkaaij@gmail.com](mailto:jmvanderkaaij@gmail.com)

**0223 Mr Arif Gul** Awarded 12/9/2016. Consultant Orthopaedic Surgeon and General Mountaineer. Based in Essex. Email [arifgul99@gmail.com](mailto:arifgul99@gmail.com)

**0224 Dr Heather Mae Storey** Awarded 12/9/16. Anaesthetic trainee. Previous experience in altitude, jungle and expedition medicine including jungle trips in Belize, hiking in Kenya and medical research in Nepal. Keen mountaineer and interested in further altitude research. Email [heather.mae.storey@gmail.com](mailto:heather.mae.storey@gmail.com)

**0225 Dr Matthew Smith** Awarded 22/11/16. Trainee in anaesthesia and intensive care medicine based in Manchester. Experience of high altitude expedition medicine and high altitude research. Interests in mountaineering, rock climbing and SCUBA diving in UK and abroad. Available for advice, training and expeditions. Email [matt-smith@doctors.org.uk](mailto:matt-smith@doctors.org.uk)

**0226 Dr Richard Moss** Awarded 27/12/16. GP partner, based in Portree on the Isle of Skye. Previous mountain rescue experience. Interests include in mountaineering, skiing, mountain biking. Email [drmossy@doctors.net.uk](mailto:drmossy@doctors.net.uk)

**0227 Dr Helen Jefferies.** Awarded 27/12/16. BMedSci (Hons) BMBS MRCP PhD, CCT (Renal Medicine; General Internal Medicine). Experience in high altitude mountaineering and expeditions, work in pre-hospital medicine since 2008, and operational Mountain Rescue doctor. Keen interests in teaching, research and alpine mountaineering. Email [Hjefferies@doctors.org.uk](mailto:Hjefferies@doctors.org.uk)

**0228 Dr Samantha Boyce** Awarded 27/12/16. Currently ICU registrar, New Zealand North Island. Clinical experience in high altitude medicine. Interests include climbing, mountaineering and Kayaking. Available for advice, teaching, expeditions. Email [s.boyce@doctors.org.uk](mailto:s.boyce@doctors.org.uk)

**0229 Dr Peter Bradley** Awarded 27/12/16. ACCS Anaesthetic trainee. High altitude expedition experience. Working in hyperbaric dive medicine. Work at sporting events. Interest in teaching and presentation. Email [peetiebee@hotmail.com](mailto:peetiebee@hotmail.com)

**0230 Dr Neil Kennedy** Awarded 27/12/16. FRCGP. GP Aberdeen. Previous expedition experience in West Africa and Antarctica. Current Interest Ski touring. Email [neil.kennedy@doctors.org.uk](mailto:neil.kennedy@doctors.org.uk)

**0231 Mr Hernan Morillo** Awarded 6/2/17. Dental Surgeon BDS (Wales). General Dental Practitioner based in Cambridge UK. Interests include diving, ski touring and mountaineering. Email [h.morillo@btinternet.com](mailto:h.morillo@btinternet.com)

**0232 Dr Sarah Major** Awarded 6/2/17. BSc (Hons) MBBCh D Phil. Outdoor enthusiast and qualified mountain leader. Anaesthetics/ICU fellow, currently working in retrieval medicine. Previous altitude, mountaineering, desert and jungle based expeditions. Search and Rescue experience with UK Mountain Rescue. Email [majorsarah@gmail.com](mailto:majorsarah@gmail.com) .

**0233 Simon Ulyett** Awarded 6/2/17. Surgical trainee, based in the South West of England. Trainee member of Dartmoor Mountain Rescue Team. Interests include high-altitude and remote expeditions. Available for advice, teaching and expeditions. Email [simon.ulyett@gmail.com](mailto:simon.ulyett@gmail.com)

**0234 Dr Jenny Beesley** Awarded 6/2/17. Trainee in emergency medicine and working at Invercargill (Kew) Hospital, southland, New Zealand. Ex-military with interest in mountaineering, rock climbing, skiing/snowboarding, ski touring and travel worldwide. NZ & UK passports. Phone: #64 (0)211 451644. Skype: jennysps. Email [jenny.beesley@me.com](mailto:jenny.beesley@me.com)

**0235 Dr Adrian Clifford** Awarded 22/2/17. Retired Lake District GP. Mountaineer since 1979. Skier and Triathlete. Member of The Alpine Club. Lake District Mountain

Rescue experience as a team member for six years. Still active in Alps and Scotland in winter. Died 2017 RIP.

**0236 Dr Michael Gardner** Awarded 22/2/17. Anaesthetic trainee. Keen rock climber and mountaineer. Email [mggardner@hotmail.com](mailto:mggardner@hotmail.com)

**0237 Dr Lizzie Irvine MB BS BSc FRCA** Awarded 22/2/17. Anaesthetic doctor working in the UK. Special interests in remote and developing world medicine and physiology at extremes. Experience of working in India, Jordan and Israel. Practical interests in; mountaineering, climbing, trekking, cycling, mountain biking and fell/trail running. Available for expedition or relief work. Email [lizzie.irvine@hotmail.co.uk](mailto:lizzie.irvine@hotmail.co.uk)

**0238 Dr Joanna Boyd** Awarded 22/2/17. BSc (Hons), MBChB, MRCP, MPhil. Based in Llanberis, North Wales. Currently working in anaesthetics in Bangor. Previous clinical experience as SpR and emergency medicine middle grade. Army reservist since 2009 and member of Llanberis Mountain Rescue Team since 2016. Teaching on paramedic and first aid courses. Keen mountaineer (rock, winter and alpine). Summer ML holder. Attended MIA and winter ML training. Experience throughout UK and Europe. Email [jkfboyd@gmail.com](mailto:jkfboyd@gmail.com)

**0239 Dr Tim Elvidge** Awarded 23/2/17. MBBCh. Based in South Wales. SHO A+E with a future likely in A+E/Anesthetics. Keen hillwalker, mountaineer, climber, skier, runner, mountain biker and cycle tourist. Interested and available for sporting events, expedition medicine events and expeditions. Email [elvidge\\_tim@hotmail.com](mailto:elvidge_tim@hotmail.com)

**0240 Dr Suzi Mackenzie** Awarded 23/2/17. GP and Speciality Doctor in accident and emergency. Edinburgh. Email [suzimac@hotmail.com](mailto:suzimac@hotmail.com)

**0241 Dr Ian Blessley** Awarded 23/2/17. BMBS. MSc. Foundation year doctor in east Midlands. Derby Mountain Rescue Team member. Multiple high altitude expeditions and work for IPPG in Machermo and Gokyo. Led a number of overseas treks and worked as expedition medical officer for Heart of Borneo Project Murung Raya Expedition. Keen to pursue further expedition work. Email [ir\\_blessley@hotmail.com](mailto:ir_blessley@hotmail.com)

**0242 Dr Yan Wong** Awarded 27/5/17. Rural GP in New Zealand, interested in general mountaineering, white water kayaking, mountain biking and anything in the outdoor. Experience in altitude medicine and medical care on kayak expeditions, in Nepal, Africa and South America. Speaks Chinese, some Spanish, and "Kiwi English". Email [docyanwong@gmail.com](mailto:docyanwong@gmail.com)

**0243 Dr Rebecca Egglestone** Awarded 27/5/17. FRCA. Anaesthetic trainee in Wessex. Interested in pre-hospital care, rock climbing and general mountaineering. Email [dregglestone@gmail.com](mailto:dregglestone@gmail.com)

**0244 Dr Will Bickerton** Awarded 31/5/17. GP trainee based in North Devon. Interests include ski touring climbing and surfing but mostly any adventure! Email [willbickerson@gmail.com](mailto:willbickerson@gmail.com)

**0245 Dr Jamie Goodhart** Awarded 27/6/17. Edinburgh based and has been the medical lead on a number of remote expeditions. Interests include general mountaineering, ski mountaineering, remote expeditions, high altitude climbing and research. Teaches mountain and wilderness medicine. Email [j.d.goodhart@gmail.com](mailto:j.d.goodhart@gmail.com)

**0246 Dr Jim Moonie** Awarded 27/6/17. London based emergency medicine doctor. Interests: Pre Hospital Care, expedition medicine and resource poor environments. Active climber and expedition medic. Most familiar with mountain environments but also worked in the Arctic, desert and jungle. Experience includes medical officer for Xtreme Everest 2013, ski field doctor in New Zealand, aeromedical retrieval doctor in Northern Territory Australia and ultra-marathon support. Available for advice, teaching and expedition work. Email [jimnast99@yahoo.co.uk](mailto:jimnast99@yahoo.co.uk)

**0247 Penelope Granger** Awarded 27/6/17. Faculty DMM. BDS MSc. General Dental Practitioner with extensive experience working in remote environments - Tristan da Cunha, the Antarctic, Northern Sweden, St Helena, rural India, Cape York. Currently based in Edinburgh. Have been involved with teaching and training doctors in "Expedition Dentistry" for 14 years. Remote clinical support and advice for doctors in the Antarctic through BASMU. Development of telemedicine support on Tristan da Cunha, service provision and staff training in conjunction with Dundee University. Various skied, trekked, climbed and pic-nicked in the Alps, Himalaya, Patagonia, New Zealand and the Arctic. Available for lectures, teaching, advice and clinical opinion. Email [penelopepgranger@hotmail.com](mailto:penelopepgranger@hotmail.com)

**0248 Dr Emily Craven** Awarded 27/6/17. Anaesthetics Trainee with previous A&E experience. Expedition doctor for endurance cycle events in tropical conditions. General love of outdoors including, ski touring, biking, climbing and running. Personal experience of leading novices trekking in Europe, New Zealand and Nepal. Available for advice, education and expeditions. Email [ejc4848@hotmail.co.uk](mailto:ejc4848@hotmail.co.uk)

**0249 Dr Richard Booker** Awarded 27/6/17. MBBS BMedSci MBBS MCEM MRCGP Dip IMC RCS Edin. Army General Practitioner and Pre Hospital Emergency Medicine doctor. Diving medical referee and medical officer for numerous diving expeditions. Email [rjbooker@doctors.org.uk](mailto:rjbooker@doctors.org.uk)

**0250 Dr Katie Sellens** Awarded 27/6/17. Finishing GP training in Hampshire in August 2017. Interests orienteering, hill walking, skiing and diving medicine. Email [katie.s.sellens@googlEmail.com](mailto:katie.s.sellens@googlEmail.com)

**0251 Dr Lindsay Merry** Awarded 27/6/17. Emergency medicine trainee. Glasgow.

**0252 Dr Alison Ellwood** Awarded 24/8/17. MBChb (hons) BSc MRCP Dip Mtn Med. Doctor with Royal Army medical Corps 2008-2013 now civilian with interest in respiratory and intensive care medicine. Doctor at IPPG Machermo, Nepal, Spring 2018. Previous work in Zanzibar and Bangladesh. Interest in rock climbing and mountaineering. Available for advice, expeditions, and lectures on high altitude and expedition medicine. Email [Alison.ellwood1@gmail.com](mailto:Alison.ellwood1@gmail.com)

**0253 Dr Hazel Watchorn** Awarded 24/8/17

**0254 Dr Mark Bailey** Awarded 24/8/17. MBChB. Medical SHO - NW England. Interests: mountaineering, trekking, climbing, cycling. Have experience of, and keen to work in high altitude, jungle and remote environments. Available as expedition doctor, and for advice. Email [markbailey1@doctors.org.uk](mailto:markbailey1@doctors.org.uk)

**0255 Dr Tim Spruell** Awarded 24/8/17. Emergency medicine SPR with interests in Prehospital care, general mountaineering and expedition medicine. Previously travelled widely in Africa and available as expedition doctor. Tel: 07917 763866. Email [timspruell@yahoo.co.uk](mailto:timspruell@yahoo.co.uk)

**0256 Dr Simon Guest** Awarded 19/9/17. Military General Practitioner. Based in Wiltshire, UK. Email [siguest1@hotmail.com](mailto:siguest1@hotmail.com)

**0257 Dr Katherine Eirian Hawkins** Awarded 19/9/17. Edinburgh based GP. Experience in rural and remote as well as deprived general practice. Interests: Summer and winter mountaineering and ski touring, trail running. Currently expeditions with toddlers. Most interested in expeditions to northern India, Nepal and Scotland. Email [katiehawkins@nhs.net](mailto:katiehawkins@nhs.net)

**0258 Dr Felicity Hughes** Awarded 19/9/17. Emergency medicine trainee in the South West. Interested in expedition medicine with experience in remote environments as the medic on expeditions with a youth development focus. Keen climber with additional interests in mountaineering and cycling. Email [felicityhughes@doctors.org](mailto:felicityhughes@doctors.org)

**0259 Dr Renee Farrar** Awarded 19/9/17. Dual qualified as doctor and dentist. NZ and UK based. Email [reneefarrar@doctors.org.uk](mailto:reneefarrar@doctors.org.uk)

**0260 James Bridger** Awarded 19/9/17. HCPC registered Paramedic in the South West, (when DiMM awarded), keen climber, mountaineer, skier, kayaker. Lead on various expeditions around the world. Email [jfbridger3567@gmail.com](mailto:jfbridger3567@gmail.com)

**0261 Dr Marieke van Vessem** Awarded 19/9/17. MD, MSc. Based in the Netherlands. PhD candidate cardiology and cardiothoracic surgery. Member of NKBV (Dutch Climbing and Mountaineering Association) medical committee and UIAA medical committee. Interested in altitude research. Keen mountain biker. Email [m.e.vanvessem@gmail.com](mailto:m.e.vanvessem@gmail.com)

**0262 Dr Abby Harper** Awarded 19/9/17. Anaesthetics Trainee from Bristol with experience in pre-hospital medicine, remote medicine and sporting events in the UK and overseas. Keen climber, mountaineer and general outdoor enthusiast. Available for expeditions and sporting events. Mob (+44)07805229838. Email [dr.abbyharper@gmail.com](mailto:dr.abbyharper@gmail.com)

**0263 Dr. Juan David Nilssen** Awarded 19/9/17. Foundation Year Doctor in Copenhagen, Denmark. Raised in the Faroe Islands. Planning to train in Anaesthetics. Interested in pre-hospital care, rock climbing and general mountaineering. Email [jdn112@gmail.com](mailto:jdn112@gmail.com)

**0264 Major Tom Woolley** Awarded 19/9/17. Army Anaesthetist. Experienced in providing medical support to expeditions to high altitude and remote areas. Email [thomasgdwoolley@gmail.com](mailto:thomasgdwoolley@gmail.com)

**0265 Andrew Muirhead-Smith** Awarded 19/9/17. Email [amuirheadsmith@gmail.com](mailto:amuirheadsmith@gmail.com)

**0266 Catherine Williams** Awarded 21/10/17

**0267 Allocated**

**0268 Dr Tash Burley** Awarded 16/10/17. BScHons, MBChB, MRCA, PGDipAeroRT, DIMM. GP trainee in the Highlands. Experience in EM, Anaesthesia, Retrieval Medicine, Remote and Rural medicine, Ski field, Mountain, and Expedition medicine. Budding skimo racer, trail runner, and half iron girl. Happy to be contacted tel: 07950452914. Twitter: @skimightythings . Facebook: Tash Pirie-Burley. Email [burleynatasha@gmail.com](mailto:burleynatasha@gmail.com)

**0269 Dr Elen Evans** Awarded 16/10/17. Based in Nottingham. Email [elenwyn@yahoo.co.uk](mailto:elenwyn@yahoo.co.uk)

**0270 Dr Evgeny Mashkovskiy** Awarded 16/10/17

**0271 Dr Paddy Morgan** Awarded 16/10/17. Faculty DMM. South west based anaesthetist and pre-hospital practitioner.

**0272 Alexander E Bewick** Awarded 20/10/17. BM BS, B Medsci, MRCEM.

**0273 Dr Matthew Spence** Awarded 16/10/17. Emergency medicine physician, [matthewspence@gmail.com](mailto:matthewspence@gmail.com)

**0274 Dr Ailisa Stott** Awarded 16/10/17. GP in Edinburgh. Diploma of Tropical Medicine. Previous MSF work in Ehtiopia and Pakistan. Interests in altitude and expedition medicine, travel medicine and sports medicine. Outdoor enthusiast, skier, cyclist and diver. Available as an expedition medic and for advice and talks. Email [ailsajstott@gmail.com](mailto:ailsajstott@gmail.com)

**0275 Emily Bebbington** Awarded 16/10/17. Faculty DMM. MA (Oxon) BMBCh, MRCEM. Enthusiastic rock climber with some high altitude experience. Particular interest in extreme sports, public health research and interventions. Email [ehbebbington@gmail.com](mailto:ehbebbington@gmail.com)

**0276 Dr. Marloes Bolman** Awarded 16/10/17. Consultant anaesthetist based in the Netherlands, at the Netherlands Cancer Institute in Amsterdam. Interested in ski touring, mountaineering, trekking, scuba diving, cycling. Email [mmhbolman@hotmail.com](mailto:mmhbolman@hotmail.com)

**0277 Donatella Barbera** Awarded 16/10/17. Consultant Surgeon. Email [dddona@yahoo.com](mailto:dddona@yahoo.com)

**0278 Dr Sundeep Dhillon** Awarded 15/12/18 Email [DrSDhillon@aol.com](mailto:DrSDhillon@aol.com)

**0279 Dr Nics Wetherill** Awarded 16/10/17. BM DMCC, due to complete GP training in Feb 2019. Doctor in the British Army, with experience in remote medicine and expeditions including leading a military team across Antarctica. General interests are skiing, climbing and mountaineering. Email [nctwetherill@gmail.com](mailto:nctwetherill@gmail.com)

**0280 Dr Jo Organ** Awarded 16/10/17. Registrar in Anaesthetics/intensive care medicine in North west London.

**0281 Rebecca Heath** Awarded 16/10/17. BSc, MBChB, MRes, Phone +61423925901. Accident and Emergency Registrar based in Australia. Has worked in Himalayas, Papua New Guinea, Africa, Central desert of Australia and for Royal Flying Doctors Service. Based in Tasmania. Interests: Competitive road cycling, mountain biking, mountaineering, off-piste skiing and ski touring, general endurance events. Available for advice, teaching, expedition support. Email [bexheath@hotmail.com](mailto:bexheath@hotmail.com)

**0282 Dr Christian Harkensee** Awarded 20/10/17. MD PhD MSc DLSHTM FRCPC, consultant paediatric immunologist & infectious diseases, based in Newcastle upon Tyne. Active climber and mountaineer. Available for advice, teaching and expeditions. Email [c.harkensee@gmx.net](mailto:c.harkensee@gmx.net)

**0283 Dr Roy Harris** Awarded 20/10/17. Acute Medicine and Intensive Care trainee based in Edinburgh. Keen climber and mountaineer. Interests in Pre-Hospital and Expedition Medicine. Email [royharris@doctors.org.uk](mailto:royharris@doctors.org.uk)

**0284 Dr Alex Kumar** Awarded 21/7/17. Faculty DMM. I have lived, worked and travelled through over 90 countries, worked on many expeditions, including 5+ visits and a year spent overwintering in Antarctica (as European Space Agency Research M.D.) and in the Arctic working in healthcare and research. I am a professional (expedition and global health) photographer with work published in NY Times, BBC News, The Guardian and National Geographic. I am experienced in public engagement where I have presented several television series for the Discovery Channel (Shackleton Epic & Everest Rescue) and am available for expedition

medicine, research and consultancy work. For more information:

[www.alexanderkumar.com](http://www.alexanderkumar.com)

**0285 Dr Jack Whiteley** Awarded 05/01/18. MBChB F2, GP based in Barnley. Born and bred in the flatlands (Hertfordshire) I discovered my love for mountains whilst studying medicine at Sheffield University. Email [jcwhiteley@doctors.org.uk](mailto:jcwhiteley@doctors.org.uk)

**0286 Dr Robert Doyle** Awarded 05/01/18. MBBS SHO in Orthopaedics at Southend University Hospital. Graduated from University College London in 2014. Has been mountaineering since 2010 and climbed throughout the UK and in the Alps. Email [robert-doyle@nhs.net](mailto:robert-doyle@nhs.net)

**0287 Dr Rachel Garth MBChB** Awarded 05/01/18. GP trainee in North Cumbria with an interest in rural general practice, anticipated date of full GP registration August 2019. I have volunteered for IPPG for the pre-monsoon season 2016 and I am currently working with JoLT on an expedition taking disadvantaged youngster and youngsters with complex medical needs across South America. I am a Scout Leader in Penrith and have a particular interest in youth expeditions. Email [rgarth@doctors.org.uk](mailto:rgarth@doctors.org.uk)

**0288 Rachel Ashwell** Awarded 05/01/18. MBChB Based in Scotland; keen climber, mountaineer, cyclist and kayaker, qualified Mountain Leader. Experience of expeditions and trekking in Tajikistan, Nepal, Morocco and Iceland. Experience guiding groups in UK mountains for over 10 years. Available for expeditions (mountain, kayak, cycle). Email [rach.ashwell@gmail.com](mailto:rach.ashwell@gmail.com)

**0289 Dr Tomos Chivers** Awarded 5/1/18. GP in the Lake District and a doctor in Kendal Mountain Rescue Team. Previous experience as a medic on expeditions to the Greater Ranges and has spent a season at Machermo Himalayan Rescue post. Experienced climber and mountaineer. Available for advice, teaching and expeditions. Email [tchivers@nhs.net](mailto:tchivers@nhs.net)

**0290 Dr Ben Marshall** Awarded 05/01/18. Yorkshire-based anaesthetic trainee with interest in physiological response to hypoxia. Experience as a high-altitude expedition medic as well as a collaborator on high-altitude research projects. Keen climber, runner and cyclist. Interest in teaching, in particular to medical students. Available for expeditions, teaching or advice. Email [benmarshall@doctors.net.uk](mailto:benmarshall@doctors.net.uk)

**0291 Francesco Fiorini** Awarded 05/01/18. I'm an academic doctor in London interested in neuroscience. Mountains are my other true passion and I get a huge kick out of exploration, whether that's summiting alpine 4000's or working on novel medical research (and pretty much anything outdoors, from diving to gliding). Email [f.fiorini@nhs.net](mailto:f.fiorini@nhs.net)

**0292 Elinor Young** Awarded 20/02/18. GP currently a Rural Practitioner on the Isle of Skye. Keen hillwalker and beginner rock climber with Scottish winter and alpine experience including the greater ranges. Previous member of Brecon Mountain



Rescue Team, medic on expeditions to Cusuco National Park in Honduras, The Mustang Valley in Nepal, Kilimanjaro and Flights of the Swans Overland paramotoring expedition. Email [elinor\\_young@yahoo.com](mailto:elinor_young@yahoo.com)

**0293 Patrick Hayle** Awarded 25/10/17. Cardiology registrar based in Chester and working in the North West. Keen amateur mountaineer. Team doctor for Mountain Rescue (NEWSAR) Email [patrick.hayle@nhs.net](mailto:patrick.hayle@nhs.net)

**0294 Jiske Steensma** Awarded 04/07/18. Paediatrician and ED doctor (children and adults). Registered specialist in the Netherlands, the UK and Norway. Polar, altitude and remote medicine experience (Médecines sans Frontières). Keywords: paediatrics, tropical medicine, emergency medicine, BC skiing, dogsledding, clogs and chuckles. Email [jiskesteensma@hotmail.com](mailto:jiskesteensma@hotmail.com)

**0295 Olivia Cheetham** Awarded 5/9/18. Junior trainee in Anaesthesia (ACCS) and an aspiring HEMS and mountain rescue doctor with longstanding specialist interest and experience in Pre-hospital Care, Anaesthesia/ Emergency Medicine and Trauma. I have provided medical cover at the UK Spine Race Ultramarathon and am a trainee for the Bristol PHEM Scheme Pilot in addition to being an associate doctor for the Great Western Air Ambulance. I designed and co-lead the Avon and Somerset Search and Rescue Team Casualty Care Teaching Programme and am an instructor/ examiner for the regional Mountain Rescue Casualty Care Course. I maximise my free time with partaking in snow sports and being in the mountains. Skiing is my passion; I head to the Alps at least bi-annually and was fortunate to live in Chamonix for the 2016/2017 winter season where I significantly enhanced my backcountry experience. I'm always keen for new ideas and expeditions in the UK/ the Alps/ further afield. Email [oliviacheetham@googlemail.com](mailto:oliviacheetham@googlemail.com)

**0296 Jill Dale** Awarded 24/10/18. Consultant Anaesthetist MBChB, BSc, MSc, PhD, AFRCA, EDRA. Work related interests: regional anaesthesia and education. Other interests: outdoor enthusiast, trekking, mountaineering, skiing/ski-touring, altitude and sports medicine including the role as equestrian medical officer. I am keen to become involved in research projects both home and abroad. Email [jill.dale@doctors.org.uk](mailto:jill.dale@doctors.org.uk) [jill.dale1@nhs.net](mailto:jill.dale1@nhs.net)

**0297 Martin Davies** Awarded 24/10/18. MBBS BSc (Hons) Anaesthetic trainee in North West England. Qualified Summer Mountain Leader with leadership experience working for World Challenge Expeditions. Active mountain rescue team member. Interested in pre-hospital and transfer/retrieval medicine. Rock climber, mountaineer, cyclist and runner. Email [martin.davies@doctors.org.uk](mailto:martin.davies@doctors.org.uk)

**0298 Daniel Day** Awarded 24/10/18. MBBS MRCEM DipRTM, PGCert Clin Ed. Edinburgh based Emergency Medicine Registrar with ICM, retrieval and remote / expedition medicine interests. Previous doctor for Himalayan Rescue Association, Central Australian Retrieval Service, and for UN in Somaliland. Medic on multiple high-altitude expeditions. Keen skier, mountain biker, climber and occasional fell runner. Available for advice, teaching and expedition work. Email [danielday@doctors.org.uk](mailto:danielday@doctors.org.uk)

**0299 George Francké** Awarded 24/10/18. MBChB with European Studies (German). London-based anaesthesia trainee and outdoor enthusiast, namely mountaineering, skiing and surfing. Trekking experience in the Himalayas and High Atlas. Available for expedition medicine, advice and teaching. Tel: 07896307300. Email [georgefrancke@nhs.net](mailto:georgefrancke@nhs.net)

**0300 Julia Freyer** Awarded 24/10/18. MBChB. Anaesthetic trainee based in South Wales. Interested in pre-hospital care, expedition and sports medicine, as well as, medical education. Previous experience as match day doctor at national and international ice hockey games. Enthusiastic climber, mountaineer, cyclist and runner. Available for expeditions and teaching. Email [freyer.julia@gmail.com](mailto:freyer.julia@gmail.com)

**0301 Matthew Henderson** Awarded 24/10/18. Mr Matthew Henderson Consultant Trauma & Orthopaedic Surgeon MBChB FRCS FRCS (Tr & Orth) Work related interests – Foot & Ankle Surgery, Children’s Orthopaedic Surgery, Trauma, Surgical care in the austere environment. Other interests – Mountaineering, climbing, trekking, running, cycling, canoeing, skiing, ski-touring. Always up for a challenge. Very happy to help with research projects. Email [matthewhenderson@doctors.org.uk](mailto:matthewhenderson@doctors.org.uk)

**0302 Ylva Konsberg** Awarded 24/10/18. MBChB. Anaesthetics and Intensive Care trainee in Gothenburg, Sweden. Skier, runner and mountaineering enthusiast with a keen interest in pre-hospital care and expedition medicine. Email [ylva.konsberg@gmail.com](mailto:ylva.konsberg@gmail.com)

**0303 Jennifer Mullan** Awarded 24/10/18. Emergency Medicine Doctor based in Sheffield. Rock climber, mountaineer, skier, and white water kayaker. Member of Edale Mountain Rescue Team. Email [jennifermullan@hotmail.co.uk](mailto:jennifermullan@hotmail.co.uk)

**0304 Dr Anthony Page** Awarded 24/10/18

**0305 Maurice van der Leelie** Awarded 24/10/18. I am a 42 year old GP from The Netherlands with a high personal interest in anything involving mountains and sports since I was a child. As a doctor I became a GP in the flatlands of Holland but kept my interest in mountains and with that my interest in mountain medicine grew, particularly after several serious incidents on Jbel Toubkal in 2015 and Gan Paradiso in 2016, in which I got involved as an instant non-trained mountain doctor. This made me decide to finally follow the DiMM programme at the RCSEd (UK) in 2017-2018, followed by a second academic year in Mountain Medicine. Next to being a GP I am also a registered Travel medicine doctor (Dutch LCR registration) since 2009 and I run my own small Travel Clinic for medical travel advice and vaccination. I am a member of the Wilderness Medical Society since 2007. Living in The Netherlands my personal focus on outdoor sports is mainly on Scotland (trekking and climbing), Belgium (rock climbing /mountain biking) and the Alps (trekking/climbing). I speak fluently Dutch, English, German and French. As a DiMM holder I am available for trekking/climbing expedition advice as well as an actual team/ expedition doctor for shorter to medium length expeditions. I am also available for general travel advice

and educational programs / lectures. Phone : +31 (0)644629202. Email [mpcleelie@gmail.com](mailto:mpcleelie@gmail.com)

**0306 Alison Wright** Awarded 24/10/18. Paramedic Practitioner located in Lincolnshire, UK. Currently working as a Complex Care Matron, Emergency Care Practitioner, and Paramedic. Past experience includes working in New Zealand leading an Emergency Response Team in a remote area, providing medical provision at various sporting events, and volunteering for charity medical camps in Kenya. Enjoy a wide range of sports, and being outdoors. Email [alisonclairewright@outlook.com](mailto:alisonclairewright@outlook.com)

**0307 Dr Sarah Hookham** Awarded 30/12/18. MBBS. Available for teaching, advice and expeditions. Email [sarah.hookham@hotmail.com](mailto:sarah.hookham@hotmail.com)

**0308 Dr William Solyom** Awarded 30/12/18. MBBS MRes. Email [wsolyom@doctors.org.uk](mailto:wsolyom@doctors.org.uk)

**0309 Dr Matthew Ball** Awarded 16/1/19. BMBS MSc. UK based trainee currently working in ICU. Keen rock climber and fell runner, long distance trekking and kayaking experience in the UK and abroad. MREW aspirant member and Casualty care tutor. Email [mtball@doctors.org.uk](mailto:mtball@doctors.org.uk)

**0310 Ursula Moore** Awarded 21/1/19. MBBChir. I am an experienced ski mountaineer and mountain runner who enjoys any excuse to get outside. I have an interest in working with children and am currently a Paediatrics trainee in the UK. As well as completing the DiMM in 2018, I have worked as medical support for ultra marathons in remote environments. Please get in touch if you want medical support for mountaineering or running trips, particularly on skis. Email [ursularmoore@gmail.com](mailto:ursularmoore@gmail.com)

**0311 Owen Thomas** Awarded 04/04/18. SouthWest UK based Anaesthetic trainee, with medicine and ED experience. I have a general love of outdoors and interest in altitude medicine research. Research Member and Trustee of Birmingham Medical Research Expeditionary Society including research expeditions to Bhutan, Ecuador and the Alps. CSIA Ski instructor and interested in mountaineering, ski touring and triathlon. I'm keen for further trips, research expeditions and teaching opportunities. Email [owen\\_thomo@hotmail.com](mailto:owen_thomo@hotmail.com)

**0312 Jonathan Loveday** Awarded 20/2/19. Soon to be Emergency Medicine trainee somewhere in the UK. Keen mountaineer/trekker and cyclist with experience in the Himalayas, Caucasus, European alps and East Africa. Solidifying mountain medicine knowledge and skills in Gokyo for the pre-monsoon season. Motivated to undertake expedition doc duties. Email [jonathanloveday@hotmail.co.uk](mailto:jonathanloveday@hotmail.co.uk)

**0313 Soh Hian Lim** Awarded 02/04/19

**0314 William Uttley** Awarded 12/10/16 Email [williamuttley@btinternet.com](mailto:williamuttley@btinternet.com)  
Keen skier, sailor, mountaineer and father. Working as GP in Edinburgh. Passed  
Diploma Mountain Medicine ( RCSEd) 2017. Available to carry out medicals in  
Edinburgh and can attend expeditions but currently would need 6 months notice

**0315 Louise Channon** Awarded 24/10/2018

**0316 Samuel Parker** Awarded 24/10/2018

List updated 04/7/2019