Remote and Offshore Medicine Newsletter

Welcome to the newsletter for the Diploma in Remote and Offshore Medicine. We hope you enjoy it. Please get in touch if you have ideas, content, reports or simply want to be involved diprom@rcsed.ac.uk

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Applications for March 2019 now being accepted



Next Intake: 29 March 2019

Application Deadline: 1 March 2019

The Remote and Offshore Medicine programme is aimed at health professionals working in remote and offshore locations internationally. It is intended that students can **study part time**, **online while working**. Students can study individual modules as **CPD** or complete a postgraduate **Certificate** or **Diploma**.

What our Graduates say

"This is by far the best course I have ever undertaken, and would recommend it to everyone who is currently serving in the Military, and anyone who wishes to become employed in the Oil and Gas Industry."

"All of the tutors have a great deal of experience and knowledge in their specialist areas, and are always happy to assist and educate on a one to one basis if required."

"I can honestly say I learnt something from each of the modules... each one was interesting and relevant to the field of remote site medicine.



Follow

@FPHCEd just finished the TACMED module. V. interesting & great networking! Highly recommend Diploma in Remote & Offshore Medicine to all!

8:17 PM - 22 Jun 2017

Discover the DipROM Modules

- ▶ Health and Wellbeing of the Remote Worker
- Occupational Health in the Remote Setting
- **▶** Communication in the Clinical Consultation
- **▶** Telemedicine
- Dive Medicine
- **▶** Tropical Medicine
- Aeromedicine
- > Trauma and Medical Emergencies
- ▶ Incident and Response Planning
- Evidence and Research in Remote Medicine
- Tactical Medicine
- **Expedition and Wilderness Medicine**
- Learning and Teaching
- Humanitarian and Disaster Medicine

"This postgraduate programme's focus is on the remote and offshore environment and not on 'front-country' aspects. It includes a lot more academic theory and higher-level approaches intending to provide the skills and knowledge to serve you in the managerial/executive and advisory/consultancy side as a subject matter expert. As

learning providers we are intent on giving you the boost up to this postgraduate level from lower-level training/instruction and realworld experience!"

Phillip Nel, DipROM Academic Coordinator & Tutor

For further information visit:

https://fphc.rcsed.ac.uk/education/remote-offshore-medicine



In October 2018 we were delighted to welcome four DipROM students to Edinburgh for the annual DipROM Residential.



L-R: David Lee, Jane Stevenson, Alice Breton, Brian Andrieu, Stephen Sandlund, Phillip Nel, Gary Dickson, and Mike Wilson.

Day one began with a morning spent in the skills Lab with surgical skills with tutor Neil Mackenzie. Students took part in a suturing and surgical review session, followed by Escharotomy and Surgical Airway practice. In the afternoon there was an Emergency Dentistry

Seminar, followed by a group case study session and presentations.

Day two began with students presenting the research projects that they had undertaken as part of module C10— Evidence and Research in Remote Medicine, followed by a Major Incident Simulation Exercise for most of the afternoon.



We were very pleased to award this year's Fiona Stewart Memorial Award to Stephen Sandlund. The



award acknowledges the achievements of a DipROM student based on their performance at the residential individually, and as part of a team.

Congratulations Stephen!

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Name: Mike Cameron Smith

Module Tutor: Telemedicine

I am a GP in the British Army, which I joined in 2001. I have been previously based in Brunei, Nepal, Germany, Canada, Iraq, Afghanistan and the Falklands, as well as shorter 'aggressive camping' trips across the world; I've been lucky enough to have a varied career so far; extreme cold, extreme hot, mountains and underwater, plus combat zones and humanitarian responses. My main medical interests lie in remote, tropical, and diving medicine, with additional considerations to sports and occupational medicine.

In my current role as the Senior Medical Officer of 5
Armoured Medical Regiment I have clinical supervision responsibilities of around 180 clinicians (including doctors, nurses, paramedics, combat medics to name a few trades), wherever they are in the world (or I am for that matter). As such, telemedicine is a vital component of our medical planning and day to day practice.

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Jonathon MacKay

Advanced Care Canadian Paramedic, Nova Scotia

What is your background?

Working in remote environments, mostly in the Canadian Arctic and offshore for the last 9 years.

What did you get out of the programme?

Tropical Medicine helped me diagnose dengue fever. It taught me how to do research properly, how to make better medical decisions, how to network. It improved my communication. I learned a great respect for occupational work. I honestly can't think of a way that the programme hasn't influenced my practice actually, and I don't know where I'd be or who I'd be clinically without it.

Were there any particular highlights for you?

Definitely coming to the Residential and putting faces to names. I've already finished all of my coursework so it's kind of a definitive end

to the programme for me. Having conversations with people who's context, world views, and points of view are literally foreign to me. I would be challenged by others perspectives that I likely wouldn't have considered on my own and that was the strength to the programme, in my opinion.

What was your favourite module and why?

Probably the first module, getting to know the programme, learning the format and the people, it really challenged me. There was far more to it than I had anticipated, but once I got through it really made me hungry for what was to come next.

How did you get on with the online learning?

I was self-motivated, it's definitely a programme where no-one else is going to do it for you. The forums, the perspectives, and the classmates, really made my education, and I felt that I owed them to contribute, to be there and put feedback in so that we could all discuss, and it was quite a privilege to meet such wonderful people.

Would you recommend the programme to others?

I will talk on end about this programme every chance I get to the point that my colleagues at home at probably sick of hearing about it. But the short and succinct answer is absolutely and how can I? If there is anything I can do, I'm happy to.

One piece of advice for students joining the programme?

Absolutely it will make you better at Remote Medicine, but realise that it is a lot of work, it takes commitment, but through that commitment you will get out of the programme what you put into it, and I would hate to see anybody partake in the programme without the intention of fully participating. The rewards far outweigh and cost in time and money to myself and I'm sad that it's over.

For more student profiles visit: https://fphc.rcsed.ac.uk/education/remote-offshore-medicine/student-profiles



We are delighted to announce that the following students graduated from the ROM programme in 2018:

Daniel Banfield - CertROM

Alice Bryant - CertROM

Gary Dickson - DipROM

Cristiano Lima - DipROM

Mick Molloy - DipROM

James Neville - DipROM

Gary Ogden - DipROM

Jarrod O'Neill - DipROM

Praveer Singh - CertROM

Stuart Sloan - CertROM

Alexius Brett Smuts - CertROM

Neil Swile - DipROM

Michael Templeton - DipROM

Mike Wilson - DipROM

Sue-Ellen Wragge - DipROM

Congratulations to all our recent graduates, we wish you all the best for the future!

Remote and Offshore Medicine Networks

Involved in the field of remote and offshore medicine? We invite you to connect with our network of professionals on our social media pages:



<u>Facebook</u>



Twitter (@DipROM2)



<u>LinkedIn</u>



39 Nationalities Living in 44 Countries Across 6 Continents Studied 1070 modules Over 100,000 Study Hours



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